Jamie Theakston's party tips 🖈 Rob Williams 19 March 1997 ★ 85p Wysterious Wake him wanna get close to YOU! 1 dress like a Soap cop-era Spice Cirl... but Spunky Aussies Fin a boy! in their cossies Engaged at the age of 14" Your U L I VA I = Solvenis killed make-up masterches my best mate the frisky season

TECHNO TEST ARE YOU A 21st CENTURY GIRL?

# "ISNOGGED MY-BROTHER'S BOYFRIEND"

THINK THAT'S BAD?
TRY GETTING INTO

TEE TO

HEARTBREAK HIGH-MADISON-BYKER GROVE-HANGTIME CALIFORNIA DREAMS-BLAST-SAVED BY THE BELL

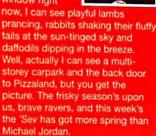
www.trouble.co.ul

JUST WATCH IT. EVERY DAY. NOON TILL 8 ON BRAVO.

# 19 March 1997 Just Seventeen

### Michael's letter

Well hellooo! Looking out the Teen Towers window right



We're talking horoscopes. We're talking Jamie Theakston's cheesy-straw stories. And we're talking soap blokes who are, ahem, big Down Under. So dust down your hotpants and Michael get page-turning.

J17, 20 ORANGE STREET, LONDON WC2H 7ED, TELL 0171-957 8383 @ Ecitor Sam Baker @ Assistant Editor hael Hogan & Festurus Editor Baruh Pyper & Serior Stat Writer Sarra Manning 

Staff Writer Adelaide Dugdale 

Editorial
Assistant Dewn Theobald 

Fashion Editor Teresa Letchford ● Fashion Stylet **Neil Bridth ●** Junior Stylet **Lara Scott ●** Beauty Wilter **Jessle Cartner-Morrley ●** Poture Editor **Sam Ripley ●** Poture Assistant **Jane Peacock ●** Production Editor **Caroline** me ® Senor Sub-odtor Camilla Redmond ® Art Editor numba Pengelly ® Sonor Desgrer Maro Jones ® Desgrer rolline Pagh ® Contributors Rob Biddulph, Devydd Chong, sine Creedy, Sophie Device, Andrew Hartley, Kate śpie, Mink Kupfurer, Eddy Lewrence, Lias Milliner, Trucy Nicoli, Pat Nurse, Cornilla Phalps, Tiffery Fose, Meliasa Rosko (Advice), Paul Simper, Andrew Sherwood, John Tackley, Lere Williamson, V&I Wilson © Associate Publisher Vivienne McKenzie (0171-208 3368) ● Ad Director Paula Cain (0171-208 3354) ● J17 Sains Manager Milchelle field Soles Managers Sara Bloom, Heather Wurst • Senior Sales Exec Rachel King • Sales Execs Claire Stickwell, Cabrielle Turnbull ● Production Controller Kathy Canavari ● Digaty Production Controller Statey Norris © Production Minnager Cernilla Clarke © Production Co-ordinator Sasha Nattall © Roduction Assistant Jacqueline Bulleck © Group Marketing Marager Kerry Tasker © Product Marager Rese Boutwood © Promotions Director Debble Johnson © Promotions Co-ordinator Jo Barker © Promotions Art Ester Deborah Seiner © Client Sales Manager Involds Labor (0171-437 9011) © PA Listy Dartynhire © Executive Publishing Directors Louise Matthews, Carrie Barker © Marriagray Editor Fiona Olisson © Editor-in-chef lan Birch © Editoral Dructor David Hapworth © J17 Back Issues and subscriptions, Tower Publishing Services Ltd, Tower House, Sovereign Park, Market Harborough, Leicester LE16 REF, tol: 01858 468888 (rates - UK: £50, overseas surface: £62, airmail Zone 1: £100, Zone 2: £110, all rates include age) © J17 is published by EMAP Elan Ltd, colour by int Image, printed by St Nes Poterborough) distributed rontine (lat 01733 553161), Park House, 117 Park Rd,

Peterborough © EMAP ISSN: 0268 8178

a Newspaper at the

Post Office

# juicy bits

- Red cheek day Is your boy an embarrassment?
- The seven fwoarfs An Oz soap spunk for every day of the week
- 12 Comin' on Strong **Boy Meets** World star Rider Strong on fame, fan mail and funny names...
- 14 Magical mystery lure Don't give the game away, girl!
- 16 Mama mia! Just what is it with lads 'n' their mums?
- 28 Sizzling spring horoscopes Your total astro-love guide

30 Kickin'i Party on, dude - the Jamie Theakston way

# reality bites

- 18 "We've conquered
- 20 "Solvents killed my best mate"
  - "I've got engaged at 14!"
- 22 "I feel like one of the girls"

# shion beaut

- 32 Parallel universe Stripin' out for spring
- 36 Close encounters Get ready for your close-up
- 38 Most wanted Be bright, be blonde



# Peter, Vesse, Benji and a Whole Jotta hunks! 011/000 Anita's advice 'She's so annoying' Boy's y lew 'I way to help my e 'I war nfidential erm confusio 9 23 Robble William in win win Sensational Giorgio Aire scent 38 Rimmel pink lippy.in' v polish sets 41 Ash books

every week

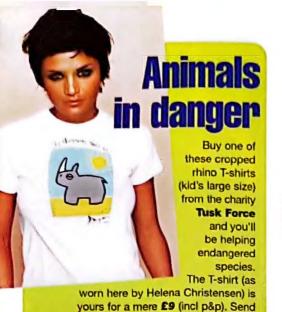
11-105

el universe

straight 'n' narrow

Fashion on the

- What a week!
- 10 Mail bonding
- 41 Xword
- 14 Tune in, turn on Music, movies, TV and vids
- 16 Day-by-day horoscopes
- 17 Quick flash! 7 days of celeb schmoozing



cheques/postal orders (payable to Tusk Force

# Under



Keep your digits decorated with these cute coloured rings from Freedom at Top Shop. They're available in two colours and brilliantly priced at £3 each. There's never been a better time to ring the changes!



iss Selfridge's Kiss and Make Up eyeshadow collection has gone all sexy and iridescent, with two-tone shadows ranging from soft, buttery browns to lilac 'n' lime. Priced at just





he also had an affair with a patient suffering with an arse-related prob. Whadda guy.

Noah Wyle's

character.

ing sort.

Not only is he a car-

\_Dr Richard McCaig

(Casualty) Holby General's sauciest white-coat (played

Nurse, the screens!

Owen Springer (Reckless) OK.

so he may wear horrible pants and not really be up to speed acting-wise, but there's something sexy about croonin' Robson Green's new role. The only prob is, he's saucing up the boss's wife. And she's about 85. Don't do it, Robbo!

Hilary Jones (GMTV) The semispiked mullet. That ever-so-caring breakfast-side manner. There's no reallife TV doc more alluring than our Thrillary. But then, anyone could look like a sex god when sat next to Eamonn Holmes...

Real roses wither, unlike this pretty, pink rose paperweight - just £5 from Miss Selfridge. Simply give it a shake and savour its glittery snowstorm!



# Everything's Win Win Win

Get your senses around this new limited edition fragrance from Los Angeles. Giorgio Aire (only available March '97-Jan '98) is a light, floral scent with a warmhearted body. To try it for yourself, dial 0891 408839 and you could nab one of 15 free bottles of the Eau de **Toilette (worth** £24.95).

Q: Which LA district, postcode 90210, is another Giorgio scent?

Comp rules, see p41.



Tokyo store, she was confronted by a teenage girl who proceeded to strip naked before asking if she had what it takes to be a model. The bare cheek! \* Snooty Tom Cruise attended the London premiere of his new movie Jerry Maguire, but only stayed a paltry five minutes before sneaking out the back door to met his wife Nicole Kidman for dinner \* Noah Wyle's ego was badly bruised recently, when he was mobbed by fans at an LA studio. Seems they'd mistaken him for Friends' Matthew Perry.

Gossip...

with celeb

queen Dawn

For once, Naomi

Campbell has

While shopping

in a crowded

been left

speechless.

Oops! \* Talkin of Friends. Lisa Kudrow has informed the show's producers that she's planning for a baby, which means Phoebe may have to become preggers on the show. Wonder who'll be the daddy mack? \* When Madonna feels hairy, she flies in her personal waxer from Miami, who gives the Material Girl a manicure, pedicure and

facial session. The cost? A snip at \$600 a time! But that's nothing compared with Demi Moore and Bruce Willis, who splash out nearly \$3,000 a month on bottled mountain water - to bathe in! \* Gillian Anderson has threatened to guit The X-Files after discovering that co-star David Duchovny gets paid twice as much as her \* The fight may be back on between Blur and Oasis, after Blur's Graham sharpened up his claws and

commented, "Oasis are pretty thick people." Mi-aow! \* Oi, Alford, nooo! London's **Burning star John** has scotched the rumours he'd quit singing by releasing a new single \* Spotted: Chris Evans and



Jamie Theakston shopping at Tesco in London's Portobello Road, Noel Gallagher at an Ash gig, and The Artist Formally Known as Prince at a swank London club.

What a week was written to the sounds of ABBA's Greatest Hits, the Romeo And Juliet film soundtrack. Fatboy Slim's Better Living Through Chemistry, 18 Wheeler's Year Zero and Ant & Dec's Shout.

"I don't mind being

Gobsmacked!



recognised when I'm looking dog rough with no make-up on - it's nice that people know who I am." Mel C on the price of fame.

# Word up!

Hat-stand (adjective)

Origin: When Pet Shop Boy Neil Tennant was a music Journo, he invented the term to describe loony pop stars.

Definition: It's another way of saying, 'Stark raving mad'. Usager "Seen 'Enders recently? Joe Wicks has stopped taking his

pills and gone completely hat-stand."



#### The new look J17

It's boss - and you better believe it!

#### **Absent parents**

It's time to party when your folks hit the holiday trail

Max Monroe: Loose Cannon Mullets ahoy! Timechael Bolton

of T Little black dre You'll feel undressed without one

Having a houseful on Saturday night. Why go out when you can bring your mates to you?

tterflies in your hair Fluttery trainclips: the way forward

#### Burglars

Why can you get your CDs from HMV like everyone else?

Cancelling footie matches B-movies or boot boys? No competition

Windy weather Oh, just blow away!

Tidying-up after parties All that housework could drive you insane

Sunday TV

Apart from 'Enders and Ant & Dec Unzipped, there's nowt on

#### Messy eyebrows

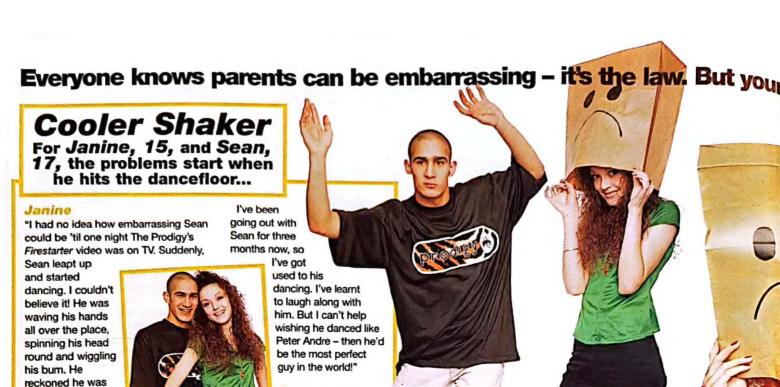
If they look like you've taken the hedge trimmers to 'em, you've plucked too much



"Must fly

"Must fly!" Top un Tom Cruise

Just Seventeen \* 5



I told him his
dancing was an embarrassment but he
didn't believe me. Now he dances like
that all the time. Maybe he does it to
get attention, but why would anyone
want to be noticed for being a
terrible dancer?

the spit of Keith

Prodigy, but he

a complete div.

actually looked like

Sear

"Sure, my dancing might need a little practice, but I don't think I'm

that bad. Anyway, Janine's a far worse dancer than me and it doesn't bother me that I embarrass her. As long as I enjoy myself, I don't care what anyone else thinks."

# Loud 'n' proud Jemma, 16, is powerless to prevent

*Marc, 17,* pumping up the volume...

Jemma

"Marc is the loudest person in the world. When we go to the cinema, he thinks he's whispering in my ear. But he's so noisy, people in the rows behind us ask him to shut up!

The worst thing he ever did was asking me on a packed bus, in a very loud voice, if I'd remembered to get some constipation medicine. Everyone on the bus started sniggering. I went bright red.

After that, Marc began to realise how embarrassing his loudness can be. So now,

be. So now, when he senses I'm getting annoyed, he shuts up. It's such a relief!

Despite everything, I really like Marc and can see us being together for a long time. He's

really cute and is always telling his mates how much he loves me. And, even though my mates think he's too embarrassing to go out with, I reckon they're just jealous."

Mare

"I like being loud - it's amusing. Life would be very boring if I was quiet all the

time. I know Jemma gets embarrassed, but she does usually see the funny side – at least I hope she does!"









# Thursday's lad has far to go

Nic Testoni (Travis Nash)

ige 25

Where to catch him He lives in Sydney, but loves the great outdoors - try 'the bush'. Romantic status Tragic but true, Nic's head-over-heels. But she's a woah-oh-oh, mysterious girl, 'cause he's staying schtum. Home & Away Japes Both Travis and Kelly hear the sound of bells. But Travis' are wedding bells and Kelly's ones of alarm. Why he brings sunshine into our lives He's Home & Away's favourite hippy. But that wispy goatee-ette has got to go. What he'd do if someone kicked sand in your face He'd give 'em an ear-bashing, but stay cool. Like, violence is so unkarmic. When he's not catching waves Shock horror - Nic's terrible at surfing! You'll find him scoffing in a Chinese restaurant instead. Beach undressing style An ex-model, Nic would saunter along, locks a-flowing, hips a-swinging, removing an item at a time.



## Saturday's lad works hard for a living Ben Unwin (Jesse McGregor)

Age 19

Where to catch him He lives at home in Sydney with his doctor dad and fitness trainer murn.

Romantic status He won't reveal a thing about his love life – which probably means he has a secret long-term lay-dee.

Home & Away Japes Jesse's juggling work with looking after his daughter and going out with Selena. Can he cope?

Why he brings sunshine into our lives His character Jesse is a rogue with a heart of gold. Ben claims he and Jesse have "a lot in common. I haven't stolen a car, though."

What he'd do if someone licked sand in your face It'd be payback time. Ben would wait until the bully went for a dip, then dump his clothes in the water.

When he's not catching waves Ben plays guitar in a band called Ethedon, whatever that is.

Beach undressing style He'd

Beach undressing style He'd maintain eye contact, while casually letting his clothes drop to the ground.



Where to catch him Hanging out in Melbourne with friends and family.

Romantic status

Ant has a "trusting and understanding" relationship with his girl, Helen. Aww. Neighbours Japes
Poor old Stonie gets the boot from Catherine and feels it's time for a life

change. What's he going to do? Why he brings sunshine into our lives He's Erinsborough's fave roque. What he'd do if someone kicked sand in your face Kick some sand back in the bloke's face. Then run off, giggling. When he's not catching waves You'll find Ant filling his face with his mum's cooking. His best mate Jason's a chef, too. Better watch that waistline, Stoney! Beach undressing style He'd probably whip 'em off without a thought. While playing cricket with the local kids once, a couple of them

thought it would be a wheeze to pull down his shorts! Our Ant wasn't embarrassed, though. And the lad that is born on the seventh day is saucy, sexy, hip and wa-hey!

## Benji Kirkland(!) McNair (Malcolm Kennedy)

Age 22

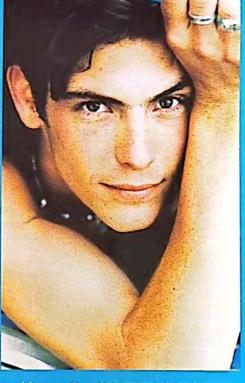
Where to catch him He shares a house in Melbourne with four pals and, er, three goats.

Romantic status He's single! But he has a good idea of his ideal babe: "She's got to be able to laugh at herself and take responsibility for her actions." Neighbours Japes Mal and his dad aren't seeing eye-to-eye. And the tension gets worse when the two come to blows at a lawnmowing gig! Why he brings sunshine into our lives Benji loves snogging, having started at 13. "I was in the back row of the cinema with a girl and she just leaned over and kissed me! For about eight seconds, I was totally stunned!"

What he'd do if someone kicked sand in your face He'd approach the kicker and try giving him a hard time. Benji's touch of nerdiness wouldn't give him a fighting chance if it came to water pistols at dawn, though.

When he's not catching waves Benji is learning to play the guitar, but reports of a Neighbours band are, as yet, unfounded.

Beach undressing style After prancing around a bit, you'd get a few flashes of his tanned torso before he got down to the nitty-gritty!



Welcome to the J17 letters-fest, the post with the most! Write to me, Camilla, c/o Mail bonding, PO Box 417. London WC2H 7TW Best bonder gets a bag of goodles!

# Star Letter Brave hearts

Congratulations to Spencer, James, Alex and Darren from 'Who you callin' soft?' (26 Feb). I think their hobbles are ace, not 'girly' (whatever that means). Taking up things like dancing or cooking which aren't so traditional for boys just proves how cool they are. As for the people who insult or laugh at them, well, how sad is that?

M Evans, Wales

Yeah, M, I'm right with you on this. Given the choice of a lad who could create me a culinary delight, or one who's good at charging round a muddy rugby pitch (and expects me to watch), I know which I'd rather have...



## **Spice** as niće Hey, French and Saunders, Lulu

and co! So ya reckon you're the best wannabe Spices around? Well, we've got news for you! Not only are we the spitting Image of Gerl and the gang



(well, in our dreams...), but we're best mates too! Beat that! Caroline, Debbie, Jenny, Helen and Jessica, Romford

Hmm. not bad. Romford ravers. but I've spotted one flaw in your take-over bid: your Posh's teetering on the brink of a smile. Easy V would never dream of doing such a thing - it might spoil her lippy!

# Cause for applause

Top gossip and laughs are always guaranteed in J17, but thanks very much for the feature 'My mum can't stop

> shaking' (26 Feb) about the girl whose mum has Parkinson's Disease. It really made me stop and think. Jackle's done so well, refusing to be embarrassed when people stare, and giving her mum total support. Emma Bates, Farnborough

 This story was certainly a sobering one. As you say, Jackie's clearly a star, as is her mum - and it sounds as if

their whole family's being amazingly brave in the face of such a devastating illness. Respect to all of them.



# **Mad fer Martians**

I've just been to see Mars Attacksi, and I'm overwhelmed by the utter grooviness of it

all. What a film! (And the doughnutboy character's quite tasty too, in a

sort of sensitive-River-Phoenixtype style.) I think I'm going to cover myself in green slime and communicate In Martian from now on. Ack ack ack ack

A nitrogen chewy tab, Ayr Yep. Mars Attacks! is a top film and no mistake, chewy one. And that's despite the fact it features Tom Jones, as himself - a far, far scarler prospect than any alien, to my mind.

# Sticker bickers

There was me, feeling mightly chuffed with my freeble stickers. Then I came across the 'Kylle wears my cast offs' one. Well, excuse me! Being a Kylle myself I've had to endure loads of sarky comments and sniggering, but now J17's telling everyone i wear other people's left-oversi I think I'm owed an apology.

Kylle Murray, Bristol Kyles, dahling, haven't you heard? Charity-shop clobber is the last word in chic. No? Oh, well, alright then. Accept our humblest apologies. Grovel, grovel. Are we forgiven?

#### More hot mail rocks:

Geri's Union Jack dress triumph or disaster? \* We love Carla Lane \* Why no Scots in the footie totty cup? ★ Crime Traveller's cool

# by Polly Dunbar



| brought along your ex to save us comparing notes!

10 \* Just Seventeen

It's unexpectedly easy to win an e x D e c prize when you try the unexpected taste of Dr Pepper. Unexpectedly there are \$250,000 worth of unexpected prizes, with Dr Pepper and The Saint, including 5 totally unexpected action holidays to the USA or Russia. Or, unexpectedly, you could win a Dr Pepper and The Saint T-Shirt or record bag. But most unexpectedly, all you have to do is pull this.

#### 18 10 19 11 11 11

"Sure, My parents were hippies and wouldn't even let us watch TV 'cause they didn't want us to become commercial addicts. Rider's an old-fashioned name for a mounted knight, and my brother Shiloh is named after a battleground in the American Civil War. My dad gets the most stick, though. His name's Ken Arthur Strong, so everyone calls him King Arthur!"

# What with the properties of th

"It's cool now, but it was real hectic at first. I was thrust into stuff I'd never done before, like doing my own laundry and paying bills. I wish you got taught that kinda thing at school."

#### Es are in the kitchen?

"No way! I'm the worst. I survive on microwave pizza and macaroni cheese. I hate to think what'd happen if my microwave broke – I'd probably starve."

# Sie in in itself as

"Not really. But I'd love to play a complete psycho. I auditioned for the deranged character in The Good Son, but Macaulay Culkin got it. Most of the parts you get as a young actor are so wholesome. It'd be much more interesting to play someone who's totally nuts."

# making interest thing

"I did a bungee jump once. I was so nervous, I couldn't stop talking. I didn't think I'd be able to go through with it, but the guy counted to three and the next thing I knew I was flying through the air. It was so amazing, I did it again straight afterwards. I wanna try sky-diving next."



You've the property of actress in Continuous property of the continuous pro

"I saw a picture of her in a magazine and thought she was the most beautiful girl I'd ever seen. At the time I kept a list of my top ten most

beautiful women and she went straight to No 1, above Michelle Pfeiffer, I

never thought
I'd get to meet her, but she came to
see the show and I loved everything
about her. She was so down-to-earth
- nothing like the usual superficial LA
types you meet. I just fell in love."

#### So well you have mare stroll down the archive strainer

"We're both only 17, so I don't wanna start thinking about that yet. And if I decide too early that she's the one I wanna spend the rest of my life with, it might mess up the whole relationship."

#### What is special and the per min desirate

"When I was little, my brother and I got hold of a camcorder and made our own movie. We were superheroes who went round saving toys from a villain called The Great Toy Keeper. It wasn't bad, but it ain't gonna get me any Oscars."

#### Premy tamous:

fame I've had, I hate.

But I'm kinda addicted"

"No. What little taste of fame I've had, I hate. But it's strange 'cause I'm kinda addicted. I know I'm always gonna want more and more. Weird, huh?"

my top ten most we migratifike being on Oprah must have been tun.

"I felt honoured to be asked on the bear of the bear on the bear of the

"I felt honoured to be asked on to her show, but I regretted it in the end. I was invited on 'cause the

be about fan mail and I was getting about 2,000 fan letters a week. But Oprah spent the whole time talking to the girls in the audience about why they fancied me, and she kept asking me about my looks. I even had to read out some of my fan mail. It sounded so superficial, it was embarrassing. I hate being treated like a piece of meat."

#### Olital situat batas (a Paits (ii She)

"That was real weird. I played Claudia's boyfnend for a couple of episodes, but she looks like she's about 12, so I looked miles older and bigger than her. They tried to make me look younger by parting my hair and putting me in kida' clothes, but it didn't work. When I had to do a kissing scene with her, it was very odd, I felt like a child molester!"

#### Was your first screen kiss any better?

"No, it was terrible. I had to kiss an extra, and the first time I met her was about two seconds before I had to snog her. I was completely unprepared – it was a nightmare. Still, stage kisses aren't a big deal for me any more. I've had so many screen girlfriends, I'm becoming a bit of an expert!"

#### the set yet and the property

"I had to do a kissing scene with someone the first night I met her, \_\_\_\_ so that kinda thing doesn't phase her. Anyway, she gets to perform screen kisses with some really goodlooking guys, so she can't complain!"



# The inside info on Boy Meets World

#### Magrician denti-

Rider plays Shawn Hunter, a boy with a 'heart of gold' who's been abandoned by his parents and has a tendency to date unsuitable girls.

y t en al rapitor (fan e antige) The main peeps are Shawn's best mate Cory, Cory's squeeze Topanga

and his slacker bro Eric

Well, Ben Savage (who plays Cory)

is off to a good start. His real-life big bro is none other than Fred Savage, the vertically-challenged main boy in *The Wonder Years*. Danielle Fishel (Topanga) looks set for more success – she's already started writing for an American mag and developing a workout video, called *Funkarate*. And as for the swoonsome Will Friedle (Eric), he's preparing himself for a career in archaeology Himmin

Catch Boy Meets World
 at 6.30pm Mon - Thurs on
The Disney Channel.



You didn't expect to get away without a picture of our can did you?

# Fancy a bit of total adoration? No problem. J17 advice que



# Anita reveals how to make him wanna get close to you...

# Your evil deeds

"My boyfriend and I had a fight about where I'd been one night. I'd actually been at a mate's house, but he kept on and on at me. He said someone had seen me out with a boy from school. I kept trying to convince him I was telling the truth, but he wasn't having any of it. Finally, I said, 'Why do you think I'm a liar?' And he replied, 'Because you told me you were.' I'd forgotten about the time I'd confessed all about my two-timing history." Kelly, 15

nother excellent reason to refrain from recounting your complete relationship history to him is that some lads have memories like elephants. They may not remember your birthday, the exact moment they met you or even your name, but they'll always remember how you treated the last poor lad who asked you out. It might seem like a cracking good yarn at the time, but blimey, could you regret it later!

## Your saucy CV

"I used to think my boyfriend was really moody. He'd get into strops for no reason and refuse to talk to me. One day I got so fed up, I made him tell me what was wrong. He replied that he was sick of me going on about who I'd got off with." Mags, 15

cting like you've been to Snogs 'R' Us for your hols isn't going to put a new boyfriend at his ease. There's no need to go into all the dancin' 'n' romancin' you and your ex did together. If you're that eager for your new fella to horns with your ex in a way that'd have David Attenborough sprinting for his camera.

## Your 'orrible habits

"I've always been into picking my boyfriend's spots. I know it's nasty but I love it. My first boyfriend used to let me, so I thought nothing of it, but then I grossed out this lad I really liked. A load of us we were sunbathing in the park when I saw a spot on this boy's back and said I'd love to zap it. He freaked totally and never looked at me again!" Vicci, 16

The trick is to ease a boyfriend into these things slowly. Offering your new beau a gherkin-and-lemon-curd sarnie on your first date won't win you any points for

good taste and sophistication. But a few weeks down the line, when he's got to know you better... bingo! He'll think it's sweet and eccentric, and love you for it. most of the population. Most mums suffer from 'Have-some-more-toeat' syndrome and love to drag out those gruesome photo albums of



# eager for your new fella to Stephen To the fella to the

know how experienced you are, just tell him. But if you insist on going into detail about your last fella's tonsil talents, you can bet one of three things will happen:

\* A spot of heavy jealousy will emerge. Your lad'll be intimidated by your minx-like ways and your ex's studliness, leading to mucho arguing.

\* He'll also feel the need to go into his past, making you feel

★ One-upmanship is so important to boys that your lad will get all territorial and want to lock

insecure and unhappy.

evealing all your kooky habits to a new lad straight away will have him running for the door. Funny little quirks are only cute once you get to know someone. A friend of mine once had a boyfriend who had a habit of chewing his toenails. Endearing? No, not exactly. Big turn-off? Most definitely! But the lad was sensible enough to keep this toe-related talent to himself until she loved him for a few hundred other things.

The fact is, we all have annoying - and sometimes disgusting - habits.

Your freaky family

"My mum's pretty weird and my boyfriends find it off-putting. It's partly my fault – I tell all these stories about her. Like she tap-dances when she cooks, or goes to the shops in her slippers. I think they'll think it's funny, but they just look worried." Lisa, 15

1 your relations are more The
Addams Family than The Waltons,
don't worry – you're exactly like

you as a dribbling baby. And most dads are obsessed with golf, football, greenfly or all three.

All this can be mind-boggling to a new beau, and you can make the situation much worse by recounting embarrassing stories about your folks before he's met them. He'll refuse to meet them, and they'll get suspicious of this mystery man.

Save yourself the angst - don't forewarn him. Invite him round, act like everything is normal and don't, whatever you do, tell him about the time your dad made your ex mow the lawn before he could go out with you.

ent ★ Being selective ★ Not grilling him on his past ★ Being disgusting in private his secrets ★ Not being ashamed about who you are

be  $\star$  Living in the past  $\star$  Spilling all the beans  $\star$  Twisting his arm until he tells you se your voice  $\star$  Stalking him when he's out without you  $\star$  Pretending you're perfect

Keeping it all in: Anhta

# But do they really want *girlfriends* who are just like their ma?

ne of the oddest relationships a boy can have is with his mum. She's the source of all wisdom. Sadly however, as we get older, she can also be the source of much embarrassment.

Ask the Gallaghers who their greatest hero is and it sure won't be a Beatle. No prizes for guessing that mum Peggy's had to put up with a lot of Manc mouth in her time, though.

But the lad-mum bond extends to much more than the odd clip round the ear or bag of dirty washing...

The thing about our mam is she's the best person in the world for making us feel daft. Of course, she's also the best at making us feel clever, but we tend to forget about that. All we know is that, despite Dad's delusions, Mum's in charge.

This should mean we try to act mature in front of her. But for some reason, the moment Murn utters anything sounding remotely like a command, we revert to surly apemen, bottom lips dragging on the floor.

Mummy's boys

t's even worse if she says something nice. She says, 'Your hair suits you like that'. We hear, 'Get to the barber's and shave your head to spite me. Worst of all is when she laughs, 'Ooh, I think she's got a crush on you,' whenever someone we really like walks past in Woolies. In our infinite wisdom, we'd rather cause a scene than ask Mum for advice. Instead, we turn to Dad, who gets

even more than us and gives us a fiver to buy some chips. But no matter how much

mystique (yeah, right) we try to cultivate, all lads know Mum knows best. She knows what we're thinking before we think it and understands our life better than we do. So in an effort to seem independent, lads shy away from their ma during their teens. Mums get their revenge later on, though, when they repeat advice that they know we realise was right first time. Pah.

# Meeting his ma

he thing to remember about meeting a boy's mum for the first time is that she possesses unearthly

"The acid test in the

mother-girlfriend meeting

stakes is the baby pics"

powers of divination. These determine

regardless of anything you do or say.

willingness to help with the washing-up,

veiled attack of, 'Yes, she's fine.' This

can mean anything from, 'I don't want

to hurt your feelings by saying I hate

her', to 'I'll wait until she chucks you

before telling you what

I really think," Or

we'll shudder at

introducing a girl

the thought of

Like, we'll take a lass back to the

homestead, admiring her sensible

only for Mater to proffer the thinly-

dress, easiness on the slap and

whether or not she'll like you.

mum-pleasing race. But remember it's a marathon, not a sprint. Going all out to make our murns fall for you just gives her the impression you're devious. Or dippy. It's best just to be yourself.

The acid test in the mother-girlfriend meeting stakes is the baby photos. Once she wheels out cringeworthy snaps of your beau rolling around naked on the carpet, you've definitely been welcomed into the maternal fold. Which also leaves your lad with nothing to do but sit in the corner, looking aggrieved. If the convo flags during your first face-to-face with Mum, remember the baby pics gambit.

Settling sons

common myth about lads is that we're all looking for a woman who reminds us of our mum. Not true. What we want is someone who behaves like

Mum. Someone to mollycoddle us, do the boring chores and soothe us if we cut our finger. But we also want them to fancy us, like all our favourite things, agree with everything we say and look like Drew Barrymore - which is totally and utterly not like Mum.

See, Mum is our first female role model. So we grow up with out-ofproportion expectations of the female gender. This doesn't mean all blokes grow up believing that all women act like Wilma Flintstone, packing us off bowling while they get the tea on.

> But it does mean that boys often expect superhuman levels of patience, understanding and sympathy.

# Mum's the word

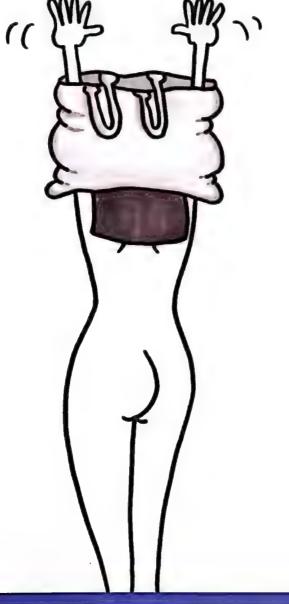
fantasy mums...

- Blane's mum from Trainspotting She's dead cool when Di's lad stays over (it was the very lush Ewan, though)
- The Oxe weman For her tasty casseroles and gorgeous gravy
- Jane Asher For her cakes 'n' buns
- Carol Vorderman from Countdown She'd do our Maths homework for us
- Lily Savage Except she's really a bloke Dohl

#### and 5 nightmare mums

- Jill Dande from Heliday Too busy jetting off on free hols to cook our tea
- Pauline Fewler That cardil That whingeing voice! Give us young 'n' funky 'Chelle Fowler any day
- Kathleen Turner in Serial Mem She'd murder all our mates. Obviously
- Cilla Black She'd be trying to send us on a blind date with the vicar's daughter. Noooo!
- Anne Robinson from Watchdoo She'd pour bleach on our clothes to test 'em, then set fire to our duvet in a consumer trial





underwear by tampax. For your 8 fee Net Torque, write to Burbara Lee, Turbrond Lid Dispr JUS-RJ, PO Brar 1030. Unigother 1270 8YZ. Or for Indoné, Tembronde Instand Lid (Dupt JUS-RJ, Resonne Rond, Tipperwy

NAME	_
ADDRESS	
	_
POSTCODE	
DATE OF BIRTH	_
WHAT DO YOU USER IT TOWELS AND TAMPONG	

TOWELS-THIN/ULTRA ID TOWELS-OTHER ID TAMPONS

WHICH BRAND DO YOU USE MOST OF TENR

TAMPAX

You know those dresses?

The ones that your gran worries you'll catch your death in.

The ones that cost loads and cover hardly anything.

The ones that have the instantaneous" I hope you don't think you're going out in that" effect on your dad.

That, if your sister borrowed, would make you seriously consider murder.

(And if your brother borrowed, suicide.)

Great, aren't they?

You don't need the perfect boobs, the flattest tummy or the longest legs to look terrific in a dress like this.

But one part of your body has to be in great shape.

The part inside your head.

And that, funnily enough, is the bit of you that Tampax tampons really helps.

Because tampons are worn internally, you never have to worry about any tell-tale lumps or bulges.

You can be completely relaxed about dancing like a mad thing. Tampax tampons are totally comfortable when in place.

And as they come in a range of absorbencies you can feel confident they'll protect you, no matter which day of your period it is.

Nothing makes a girl feel better than gorgeous underwear. Tampax tampons mean you can wear the most ridiculous silk underthingies without them looking ridiculous. (Towels into teddies don't go.)

With all of this self-confidence you may decide to discard your underwear completely.

That's fine.

It's just probably best not to mention that bit to your dad.



# Reality bites \* Reality bites \* Reality bites \* Reality

# Ver the next 5 pages, we bring you 4 amazing true experiences



# Just Seventeen

Tons of toe-curling confessions every week

18 + Just Seventeen

# "We've

Cancer, particularly leukaemia, can affect young people. But it isn't the end of the world, as these two survivors testify...

When Stephanie Gray (below) was 13, she was given just three days to live. Now she helps others recover from cancer...

'd always been a tomboy, and loved playing rugby at home in Neath, South Wales, so when I suddenly started getting sick, Murn was really worried.

It was November '95 when I first suffered headaches and dizzy spells. Then I developed bruises and a rash, but the doctors thought it was just a food allergy.

Then one evening I collapsed and was rushed to hospital. Mum was frantic. I'll never forget that day – it was 2 December and I was told I had leukaemia. Until then, I'd

to fall out. At first I wore a cap, but everyone wanted to know what was underneath, so I started walking around bald. A few boys made sarcastic comments, but my mates Natalie and Alana were really protective, and soon people started treating me normally again.

#### Darkest hour

But the chemotherapy made me feel really ill and in January 1996 I got pneumonia. The doctors didn't know if I'd survive. In fact, they told Mum I might only have three days to

live! When I came round after two days everyone was thrilled. From then on, I began to get really close to the people in the hospital. One was a girl called Charlotte, She was 22 and had had leukaemia since she was 14. Seeing that she'd pulled through gave me hope.

year I was given the all-clear. We celebrated with a bonfire night party.

By November last

But I didn't forget the kids I'd left behind. I remembered how much Charlotte had helped me and I've been visiting the ward ever since. It helps them to chat to someone who knows what they're going through.

And it's not just the kids who need help. One time, I saw a mum crying because her little girl had lost all her hair. I comforted her and showed her how well my own hair had grown back. Having gone through all this myself, the least I can do is help others with leukaemia."



"I tried to stay cheerful and keep fighting"

thought cancer only happened to other people. It was terrifying.

## **Positive spirit**

The doctors said I'd get through it if I stayed positive. So I tried to stay cheerful and keep fighting.

It was Mum who took it the hardest. One evening I found her crying in her bedroom. 'It's supposed to be me who cries,' I said, giving her a big hug.

I was given chemotherapy straight away and my hair began

# bites ★ Reality bites ★ Reality bites ★ Reality bites ★

# Conquered TRUE-LIFE Cancer<sup>3</sup>

When Ben Markham, 18, (right) from Buckinghamshire, felt sick during his GCSEs, he put it down to nerves...

ack in the summer of '95, I was revising for my GCSEs and was pretty stressed out. During my exams I started to feel ill and get a few aches and pains. My friends said they felt the same though, so I thought it was just exam pressure.

Dizzy spells

But the week after my exams it got worse. One night my temperature soared and the next morning I was dizzy and drowsy. When a rash broke out all over my body (a sign of meningitis) I was rushed to hospital, where I had a blood transfusion.

The next morning the consultant told me I had leukaemia – cancer of the blood. I was stunned. He explained that I wasn't producing enough red blood cells to carry oxygen around my body or enough

white blood cells to fight infections.

Chemotherapy started two days later and I was in hospital for six weeks. My family and friends were brilliant, and I got hundreds of cards – some from total strangers.

Then I got my exam results.
I couldn't believe my eyes when
I saw eight grade As. I'd only
expected a few Bs and Cs.

I needed an intensive course of

"My advice to anyone is to try and be positive"

chemotherapy for a year and then tablets. The only other treatment was to have a bone marrow transplant – if we could find a donor.

Two of my three sisters were old enough to give the samples needed to see if they could donate bone marrow. My middle sister, Carly, who

was eight, was a perfect match. We always used to argue, but when she realised she could save my life things changed between us. Carly was prepared to go through with the operation, which really touched me. I decided the op would be a last resort because there was a 70 per

cent chance I'd be OK with just chemotherapy.

Over the months, my energy level fell. I'd been a cadet and wanted to join the RAF, but I had to put all that on hold. And the steroids I was on caused my hip joints to deteriorate.

## **Getting better**

I'm still on crutches, but I'm back doing my A-levels, which is great as I was getting really bored. We live

Carly and Benga Portagone marrow match

near Paul

Daniels, the magician, and while I was off school he let me do some computer filing work for him. He even taught me a few card tricks!

I should be able to come off all this treatment by the year 2000 – just in time to celebrate the millennium and my 21st birthday! I'm confident I can beat leukaemia. My advice to anyone diagnosed with it is to stay positive. Don't think, 'Oh God, I'm going to die'. Just keep fighting."

## Baywatch alerted Jill Forbes, 19, (right) to the danger that a mole could be cancerous...

ne Saturday night I was watching Baywatch.
The guys were really hunky, but the episode focused on lifeguard Stephanie Holden.

As the plot unfolded, I was gripped. Stephanie found a large mole on her leg, went to hospital for tests and found out it was cancerous. I sat there, stunned. I had a mole

stunned. I had a mole on my waist exactly the same as

Stephanie's - only

bigger. I'd had it for years and it was as big as a penny. Even though it itched I'd never thought anything of it. I was shaking, terrified that my mole might be cancerous.

## Vital visit

That Monday, Mum and I went to the doctor, who said

"I was sure I'd left it too Juli: "Baywatch really is a late, and had cancer" ligsaver!"

I've have to go to hospital for a check-up. I thought, 'Oh no, it's going to be malignant like



Stephanie's.'

The specialist examined the mole and asked if I'd ever used a sunbed. I had. Then he said it would have to be taken out. I was sure I'd left it too late and had cancer.

#### All clear

The operation was done under local anaesthetic and left a tiny scar. Then they tested the mole and

sent a letter to say I was in the clear. I almost collapsed with relief. Anyone who's worried about a mole should see their doctor to be on the safe side, especially if it has changed. My favourite Baywatch character used to be gorgeous Logan. But now I think Stephanie's the best lifesaver – after all, she may have saved me."

# **Advice**

- Cancer is a serious illness, but it's not always fatal. For help and information booklets, contact CLIC (Cancer and Leukaemia in Childhood), tel: 0117 924 8844.
- And remember, if your mate's ill, don't abandon them – they need you now more then ever.

# Gareth McCarthy, 16, (right) and Lee House 47. For The Control of the Control of

(right) and Lee House, 17, were inseparable – 'til solvents tore their friendship apart...

ee and I first met on my fifth birthday when we went fishing together. We lived in the same area – Whitley in Reading, Berkshire – and became inseparable. We liked similar outdoorsy things.

Lee was a real prankster and once superglued my hand to my face while I was sleeping! But he always looked out for me at school. He

didn't have a steady girlfnend 'cause he preferred

hanging out with girls to being tied down. But I'm sure they all fancied him.

On 7 August last year we'd arranged to go camping with friends, but when I called round at Lee's he wasn't in. It seemed odd 'cause he'd been so keen. We waited 'til 10pm, then left without him. As we set off, an ambulance flew by, lights flashing.

When I got back the next day, my sister told me Lee was in hospital. I rushed round to Lee's and bumped into his little nephew outside. I asked about Lee and he said, 'Lee's dead.' I replied, 'Yeah, very funny!'

Drug death

But inside, Lee's family were crying. His mum hugged me and said Lee had died the night before, after sniffing butane gas with some mates. He'd been in the ambulance that raced past.

I went straight home and put on a tape Lee had recorded for me a few days earlier. It was jungle, his favourite. I broke down in tears.

I couldn't believe he'd done solvents – it was so unlike him. Lee was really into weights and fitness and never messed with drugs. I remember when a mate once mentioned E and Lee said, 'I don't want to know about that crap!' But I think one of the guys who'd been with Lee had sniffed before and encouraged him to do it.

When I visited Lee in the chapel of rest, he looked so small. All I could think was that it wasn't him in the box. It upset me to see him in there, because death was the only thing he was scared of.

As I walked into his funeral



of a good lad"

with girls to own. But I'm



# "I've got enga

Becky Grimshaw, 14, and Dean Smith, 15, (right) reckon they've already found the love of their lives...

## Becky's story:

've known Dean for ages 'cause we go to the same school and live close by. But two years ago we started hanging around together, and really hit it off. Whatever wornes I had disappeared when I talked them through with Dean, and pretty soon we were living in each other's pockets.

We were walking to school one day when we suddenly realised we were arm in arm. That's when it hit us that we were more than just good friends.

**Screen romance** 

Our love grew and grew after that. One night we were watching a TV movie and the hero told the heroine he wanted to be with her forever and asked her to marry him. That's just how I was feeling about Dean.

So after the film ended I turned to Dean and said, 'I'd like to get engaged so everyone knows how much I love you.' I thought he'd say I was daft, but instead he hugged me and said, 'That's a great idea. I don't care what other people say.'

But our mates said we were stupid 'cause we were too young to know our own minds. But we've

"Let's get engaged so everyone knows how much I love you"

> both had relationships before, and we knew this was different. Besides, we don't intend to set a wedding date until we've finished school and established our careers. I didn't think Mum would be angry 'cause she met Dad when they

# at 141"

were only 15, but if they were dead set against it we agreed to wait. Neither of us are rebellious – we wanted to be tactful about it.

When I told Mum and Dad they had mixed feelings. Dad was cross and worried, but Mum was brilliant. 'Just don't get hurt,' she said.

We know we're meant to be together, and now we've got the rest of our lives to make it work."

Dean's story:

as just a mate and never imagined she'd want to go out with me. She's so tender, kind and nice, and wouldn't hurt a fly, let alone be bitchy. I can tell her anything and she'll understand.

When we got together our mates took the mickey, saying we were too young to commit ourselves and miss out on life. But just 'cause we do everything together doesn't mean it's not exciting. Now, a year and a half on, our friends think it's nice we feel so strongly about each other.

The hardest part was telling our parents. If they'd decided to keep us apart to cool our relationship down, there'd have been nothing we could do. We knew they'd be concerned that we just had stars in our eyes, so before telling them we worked out all the

Pat Nurse Photos: Chris Turner/Best Magazine

20 \* Just Seventeen

# es \* Reality bites \* Reality

service, they were playing UB40's Red Red Wine - one of Lee's favourite songs - and f couldn't stop the tears welling up. I felt so cut up. I scraped together enough money for a wreath with 'Forever Friend' written on it in gold and

black - his favourite colours



#### Masted life I still can't

believe what

happened. Lee had everything going for him it's a total waste of a good lad. He was my best mate for 12 years and in one night he was gone, never to be seen again. Like a lot of Lee's friends, I get really angry now if I hear of anyone sniffing stuff. People should get it into their brains that this



stuff can kill - it took my best mate from me. Bad things happen when you experiment with things you don't understand."

Lee's mum Pat says: "He was a lovely lad. I always warned him not to dabble in drugs, and one silly mistake cost him his life. But if it stops just one more death, I know my Lee won't have died in vain."

# **Advice**

- Sniffing solvents is dicing with death. Lee's inquest found he'd taken about ten butane sniffs. He hallucinated, lashed out aggressively, then collapsed. He died in hospital. The coroner said, "It's a case of: one sniff, you're fine. Next sniff, you're dead."
- For info on solvents or drugs, call the National Drugs
   Helpline on 0800 776600.



arguments in advance. We dropped hints first to test the water. Becky asked her mum how old you have to be to get engaged, which attracted a raised eyebrow. And I asked mine what she thought about young people getting serious, but she assumed I was

# LOVE AGAINST THE ODDS

talking about someone else.

When I eventually told Mum she was so shocked she dropped her tea. 'Be careful,' she said finally. But since then they've seen how devoted we are.

#### Young love

We've bought each other plain engagement rings because we don't need diamonds to show our commitment. The one I bought cost £15 and I had to save my pocket money for ages.

We plan to have a lot of fun before we get tied down with a family, so we won't miss out. Besides we're legally too young for sex, so there's no rush.

Since we met we've been practically glued together, but we still do stuff on our own. But if Becky goes out with her mates and I go kick boxing, we can't wait to see each other again. And if I'm ever on holiday Becky phones me every day. We intend to be together for the next 70 years, but we've no worries about getting bored."



Mark, 18, feels so in touch with his feminine side, that he wears girls' clothes...

"I've got a secret panel

in my bedroom for my girls'

clothes and make-up"

I'm not gay, I'm straight - to me, it was just about identifying with girls. Fiona and I eventually split up. but then I met my current girlfriend Lucy, who's 16. One night, we were going to a fancy dress party and I decided to go as a girl.

y the age of 15, I felt

I could talk to them and have a good laugh. Unfortunately, the boys

gave me a hard time because I was

quiet and never 'one of the lads'

Then, one day, I was hanging out

alone in my girlfriend Fiona's room

while everyone was out. She'd

left her clothes lying everywhere. Fiona was a trendy dresser and

everything looked good on her, so

I suddenly thought, 'Why shouldn't

Before I knew it, I was trying on a

short skirt and a pink top. It may

sound creepy, but it was more out

of a need to get in touch with my

mirror, I felt calmer. Dressing-up in

femininity. When I looked in the

Fiona's clothes was an escape route and I didn't want to take them off. I did a pretty good job of

putting on some make-up, too!

I did feel guilty, though. If Fiona had found out,

she'd have been upset,

assuming

it was a

sexual thing. But

they look good on me, too?

Trying-on session

I had more in common

with girls than boys.

### Confession time

Lucy lent me clothes and did my make-up, it was then I confessed how much I liked wearing women's stuff. She wasn't shocked and just said, 'Fine,' but I didn't explain how deeply I felt about it. I didn't want her to think less of me as a man.

Recently, Lucy's started letting me wear her clothes, as long as I don't damage them. I buy my own, too. Unfortunately, I'm still living with my parents, so I've got a secret panel in my bedroom where I hide my girl's wardrobe and make-up. I really feel I'm in touch with my feminine side.

## Spice boy

I'm really into Girl Power, I love the Spice Girls, particularly Emma because her clothes are the most feminine. Sometimes I like the look of a girl's wardrobe even if I don't think much of the girl herself!

All this is as much a part of me as being a guy. Sadly, society reckons people like me are disgusting. But, as far as I'm concerned, dressing-up is all about pride, understanding girls and looking attractive. Is that really so wrong?"

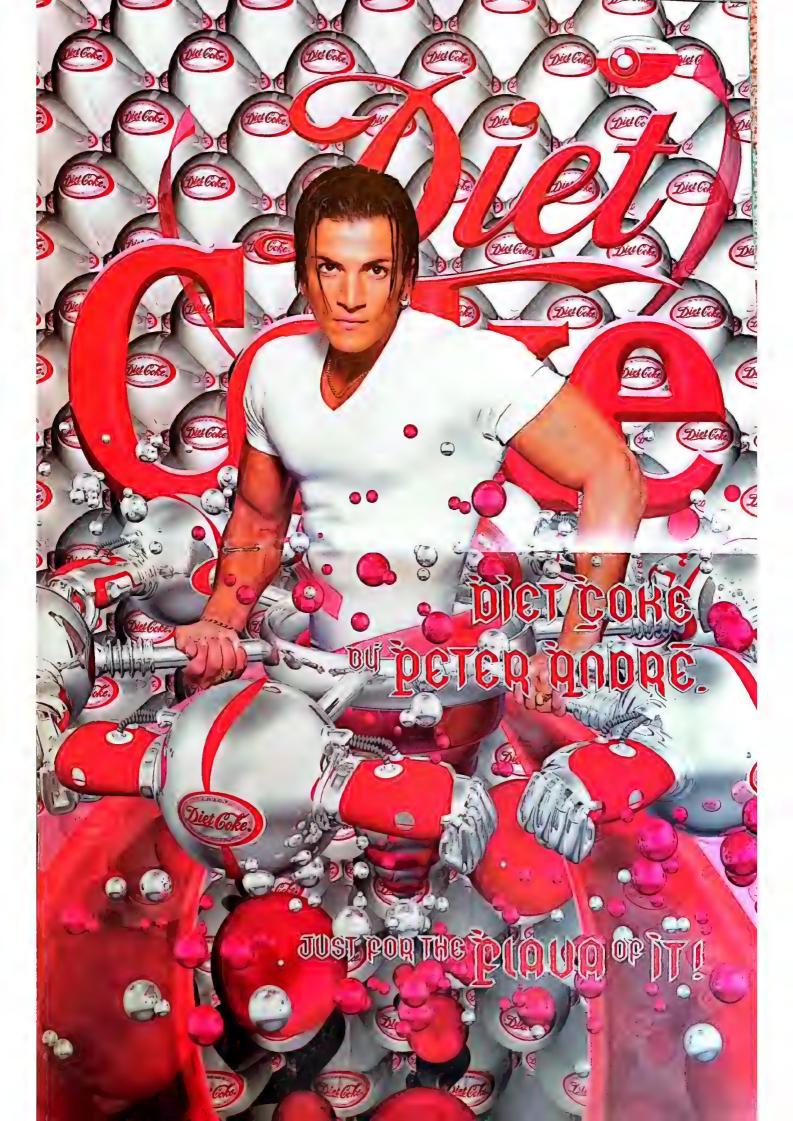
# **Advice**

- When a boy or man dresses in women's clothes, it's called transvestism. No one knows why some guys do it, but experts say it provides a release for anxiety.
- Unlike transsexuals (boys who'd rather be girls and vice-versa) transvestites are happy with their gender roles. In fact, most transvestites are heterosexual.
- Many boys feel confused about their sexuality. This is normal, and often just a phase. If you know someone who dresses up, don't think they're weird. They may just be curious about gender roles.

If you have a real-life experience to share, send it to 'Reality bites', J17, 20 Orange Street, London WC2H 7ED. Please include your phone number, in case we have to check any facts. If your story's printed, we'll pay you up to £50.







# 550 60,00 SULE

# Acyona 21st Century girl?

Are you techno, techno, techno or oh no, oh no? Gaze into our, er, quiz and your future will be revealed...

To you, surfing is...

a) What you do when you're hooking up with your virtual homies on the 'Net. That's the Internet, dontcha know.
b) A soap powder advertised by those amusing chicks from

Birds Of A Feather.
c) A boy-babe on a board as the breakers move beachwards. Bee-yoo-tiful.

2 Boys, eh?
We all love 'em, but what qualities must a lad possess to get you interested?

a) He has to be caring, kind and considerate. Beauty being more than skin deep and all that.
b) A good sense of humour would be great, especially if he's a Liarn looky-likey. You're after a techno boy-babe who owns a big collection of computer games that he doesn't mind sharing.

You have a hot date at the weekend and you've spent ages putting together your look. So what'll it be?

a) Your trusty black velvet hipsters with a happening aqua top and that fashionable yet low-maintenance 'bed head'.
b) You've customised your ma's '70s silver jumpsuit for a distressed take on the space theme.

c) A nice twinset and kneelength skirt. You wouldn't want Studly to get the wrong idea.

As your date draws to a close, you walk to the top of a conveniently situated hill to gaze at the stars. What do you talk about?

a) That tricky astrological question that teach sneaked into your last science exam.

b) You go into your old routine of naming constellations – thus wowing the guy with your beauty and brains. c) You imagine what life would be like if you both lived on a space station and hung with Chewbaccatypes instead of humanoids.

What telly programme do you never, ever miss?

a) Friends, ER, Brookie... the usual.
b) Two Fat Ladies – not only is
Clarissa your role model, she makes
some damn good tucker!
c) Although you love Star Trek, you
feel that Red Dwarf is the most
realistic sci-fi series on the box.

While we're on the subject of likes and dislikes, what floats yer boat music-wise? a) When it comes to bangin' toons, The Prodigy do it for you. All together: "I'm the firestarter, twisted firestarter...' b) You like The Prodigy too, but sometimes you wish you could hear all the words. In quieter moments, you favour Kula Shaker. c) You love to dig out your olds' Beatles records. Now there was a band...

What do you want to do when you're all grown up?

a) Cook delicious meals and tend to your rosy-cheeked tots while you wait for your loving hubby to return from a hard day at the office.
b) Be the first DJ to organise a 'livin' it large' sesh on Mars.
c) Be out there in the cut 'n' thrust, meeting people, closing deals and, er, sending faxes.

Finally, what will you be up to on 31 December 1999?

a) Going crazy as you stand on the Greenwich meridian. You've been waiting for this moment for ever.
b) Cowering under your duvet.
All this talk of the year 2000 makes you really scared.

c) Having a wilder New Year kneesup than normal. The millennium? Now there's an excuse for a partyl

## Whalfs the scores, George Davies?

1 a) 3 b) 1 c) 2 2 a) 1 b) 2 c) 3 3 a) 2 b) 3 c) 1 4 a) 1 b) 2 c) 3 5 a) 2 b) 1 c) 3

6 a) 3 b) 2 c) 1

7 a) 1 b) 3 c) 2 8 a) 3 b) 1 c) 2

#### **8-13 Living in the past**

You're unimpressed by all this millennial malarkey 'cause you're still knee-deep in nostalgia. Sure, retro's cool and The Beatles were a mighty fine band, but you've gotta get over this fear of the future. The year 2000 may be an unknown quantity, but unpredictability can be good. Anyway, in a couple of years' time, science boffs might have invented a time machine so you really can live in the past!

#### 14-19 Present and correct

You're too busy enjoying the here and now to worry about the future. You may be interested in what will happen to you, but you couldn't give a stuff about space odysseys. Life's too short and there are plenty of things you wanna do right now. You're the past, present and future all wrapped up in one girl-shaped package.

#### 20-24 Future female

Hello space girl! For you, the 20th Century is, like, over already. You're itching for the day you get to ride a rocket to galaxies unknown, but until that time comes you'll make do with all things futuristic. But before you hitch a lift on the next space shuttle, remember there's still stuff going on In your '90s neighbourhood that isn't totally yawn-inducing. Honest!



n – 20 April) ni blow it big time in March. Too isse o start back-padaling, so you'll have to own up to what you've done! North a great month for petting back mid people's good books. But him careful, before unking for more telecus.

Get out and about 'cause planetary spects suggest your chance of pulling orne top tony is excellent! A reliationship Affred it May is likely to go please, and rether rule lad at action might just any if it you said him carron 2 June 1 20 and 28 March, 2, 5 and 27 April 17 and 28 May, 2, 13 and 28 June

igi) matematika (21 April - 21 )

confidence, and you'll adore the Name and Address of the Owner,

and the limit

rou bould meet a spunic mough triends in March

# 

en pepintel berge way in . Assisting dyourd Overgiven a second / ]

39 April 1, 12 and 20 May need to set him straight. gently: in time, you'd be notice him before? But maybe you should thire out your make a

11/100 and 30 and 28 May, 2

Carrie

the limited straight from And Maintenance of the Anna Ann والمناف المنافات

ALL TO SELL MANER MANER MANER

O (A) Sain adding the large of Approximately

Microme May, your love: Will take off the a rocket b. 21 and 28 March: 4, 17

Wanna know if your life's gonnal be jull of the boys of spring? J17's astro-love हुमांग्रेड एडण्डारेड ग्री...

64 July = 23 August Don't let fooliet price stop you from accepting help during April - you need it more then you care to admit.

Be taciful when a franci pake for your opinion in March. A while is not ten) may be recessary for you to brold hurting her feeling

out in April. It's probably because she's secretly jesious, ignore her advice and do what you think is best. Even your oldsten notice that faraway look in your eyes in June, which must mean you've seriously loved up!

Shey're only trying to make you blush. 18, 18 and 20 Merch. 1, 8 and 20 April 8 and 15 Mby 4, 8 and 23 April

# 

YOU WITH YOU point of view to be heard, even if it meens shouting. But don't go

atio – it's not worth getting so worked up about.

Early April could see you leading sony for yourself. So confide in a Hend. After all a problem shared is a problem

halved, and all ther You'll come over total withtlesome about a sed in Merch. Don't delay – sak him out A gang of sexy planets

make you teel firty in April, shough May and June are pretty low-lesy MONDE for June 141 19, 20 and 23 March, 5,

5 and 25 April 6. B and 22 May, 8, 17 and 28 June

In May, tacide protes as they ares - don't You may be used to

mintals again

forgive you hidele inch, you might ing a guly on in es, but how would

you feel? Serious hannen in April no look out Late

May's remarks too 28 and 29 March 4 15 and 30 April 31 5 mark 1 May

# apricom



You and a road may in set to Maion, but don't sk baid feelings lidge:

or know how lony you mally little in March, it seems everyone

hies a lad accept you. Find not — nomecon hee his eye on you You said you clidn't like him, but in April you get all supply. Go for it! The incom nors on 2 May makes you seel seed 18, 24 and 27 March. A. Speci

Libra

24 September: 23 October)

You're not really on too of things in April
to all you can do is put your faith in
rate. You're more confident in Maybacks a turn-up for the books for that's a turn-up for the boolds for you Libraris, so enjoy it.

Hyou leave important tasks to make In June, they won't gerdene Gmr. March is quiet: remarke-wise - but. come April 12, that lad you've secretly lenoied for ages is bound to agree to a date. You can expect a ketful time

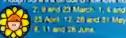
mid-June, but It'd be wise to do some research to find out if he's really single 4. 6 and 26 March. 1, 6 and 27 April. 4. 17 and 26 May, 9, 22 and 30 June.

instany — 10 Pobrusey)
Something your parents fell you in
Acri could come et a bit of a
arook. But things inent that bed A friend may refuse to fisten to

your warnings in March, but con't fet - some people have in the spirit man

TOU don't link being backed into a comer, so hell him to shape us of size in April, you win't being a know you have a ming at the comer, and a company of the comer, and the comer in April, you will be a company of the comer, and the company of the comer, and the company of th

for III You've got a magic lough as Mag. Yough Jurie's a list out on ma love more



to Fab = 30 March) You can't do much about he changes taking place in your see this. April so sit been and entry the rider A row between you and a male gate May off to a test start Bull con t work, you'll be built again before long.

Amus zipis through your sign in Marian Imiking you look and feel late, it you ye been pleying hard to get, the intere in Marian muggest you inhould let him getein you You want meet the boy of your dese in state, but you'll have fur looking. 23, 23 and 20 March | 4 and 15 Appl 5, 17, and 20 May 5, 11 and 17 styre.



When a mate tells you not to sak a guy

But don't let their ribbings get to you -

# orpio

Society, April's very lively. but you could become lotally ned out in June If you helip charging around like a less chicken: Cool is

An argument with a mate truly so con't let things get out of hand. If it's apringtime turve action:

you're after, the April stars say you'll have to make an effort to go out and get noticed You may wail most a lad in unusual incumptances in June, and in his own punciabout way, no'll let you know he

one you. Try not to smigore - it takes a or of gues for him to worse it. 3 17 and 28 March 2: 7 and 18 April 4 - 5 and 91 Mar (6. It and 22 June)









STATE OF THE PARTY.



Why do you have a rep as a party animal? "I didn't think I had! I know I'm spotted at loads of showbiz parties, but that's 'cause there's free food and I get fed. Am I useless in the kitchen? No!

Do you prefer showbiz parties or nights out with your mates? "Close mates, definitely. I go to the celeb parties a lot, but it's work. That's where the myth comes from that I only go there on the blag."

What's the best showbiz party you've been to? "The Evita party. That was pretty huge. It was in a

massive warehouse and they'd employed all these people to dress as Argentinian soldiers. Did they order me to dance? No. They weren't arresting anyone, either. Madonna had her own private room at the party. She was probably on her own, 'cause people were being turned away all night."

What's your worst party experience? "I spent one New Year's Eve on someone's doorstep. I was meant to see in the New Year at some mates' house. But they didn't arrive home 'til about one, so I was left on this doorstep in the middle of nowhere with a bottle of champagne. I popped it on my own on the doorstep at midnight."

How long do you take to get ready for a party? "Normally it's a last-minute affair - I'm not one of those people who spends ages preparing to go out. I just wear whatever's clean.'

Do you rave it up when you get there, or just sit in the corner and look sad? "A bit of both, If I'm really up for it, I bounce around and make a fool of myself. Having said that, I've also been known to spend a lot of time in the corner."

Do you get raw with the people on the dancefloor? "I'm the world's worst dancer, and I cause a lot of damage when I dance.

Things get broken. (Like peoples' legs?) Oh, ha ha, very funny."

Right, Jamie, let's talk chat-up lines. Are you a believer in them? "What, like cheesy ones? I'm not very good at that kind of thing. Anyway, you can spot naff chat-up lines a mile off, so it's better to avoid them. The worst one is, 'Get your coat, love, you've pulled.""

Ah, so you prefer to be chatted up? "I'm totally oblivious to female advances. A girl can engage me in casual banter and I'll chat away, not

Year's Day, so they

couldn't feed all their

visiting relatives! Then

we went on to this really

swank ball.

dressed-up

guy was

areetina

everyone.

So I gave him

my coat and

a tip, thinking

he was the

butler, It

he was Iceland's most

famous opera singer

and was the guest of

honour at the party!"

turned out

When we arrived, this

"This New Year's Eve.

I went to Iceland with

they have a big family

meal on New

Year's Day.

Anyway, we

found these

leftover food

in the kitchen

so we picked

at them. But

the next day

we found out

they'd been

preparing the

meal for the following

day - and we'd eaten

the lot! What's more, nothing's open on New

plates of

some friends. Over there

What's your favourite party game? "You can't beat a good game of Twister after supper. I've always wanted to suggest it after a posh dinner, just to see people's faces."

What about spin the bottle? "I don't like that sort of game 'cause Linevitably embarrass myself. Do I have skeletons in my closet? No. I just always lose and end up having to perform a ridiculous forfeit."

What's the worst dare you've ever had to do? "I do remember playing one of those truth or dare games at a party where two exgirlfriends had turned up. There was one question that would have been hugely embarrassing had I answered it. I remember two sets of eyes glaring at me as I coughed and feigned ignorance."

Any party nightmares you'd like to share? "I threw a party where

I ordered lots of nonalcoholic beer by of a disaster. I thought lager, so I ordered four crates. Yeah, that party really rocked."

**Ever thrown a party** without telling your parents? "Yeah. Surely everyone has? I don't damage. To this day, I deny that there ever was a party, although

Which celeb guests would you ban from vour party? "Upside Down would be asked kindly to move on for being naff. And Anthea All irritating and boring

mistake, which was a bit it was a snazzy German

> remember causing major they did suspect me."

Turner, I find her irritating. people would be banned."

keen on you,' and I'm like, 'Was she? Oh.' I'm sure I infuriate girls when they're trying to chat me up." How would you get away from someone's amorous advances? "I'd pretend to be ill, even if it meant I'd have to leave. I wouldn't like to hurt her feelings by saying, 'Listen, you're far too ugly and boring, so please go away.' I'd just say, 'You've made me ill, so I'm off."

Who's your fave person to party with? "He's called Lee and he's my party consort. We go out quite a lot together."

realising there's a hidden agenda.

Someone will go, 'She was really

Ever had to call the police to one of your parties? "At one party, we set the DJ up in the kitchen but his DJ table pushed against one of the gas knobs on the cooker. Gas started escaping and ignited into this tiny pilot light. I remember walking into the kitchen - the place was packed. there must have been 400 people in this tiny flat - and panicking. I said, 'Right, the party's over 'cause the oven's gonna explode.' Someone rang the fire brigade and they piled into the flat, but it was embarrassing 'cause there was just this little flame. The firemen stayed for a bit, took off their helmets and had a little dance."





# Raveheart

Here are Jamie's seven deadly rules for making sure your party goes with a schwing!



#### 1 The venue

Very important I'd love to hold a party in a huge gothic castle in Scotland with everyone wearing kins

#### 2 Music

Yup that's an important part playing live with a DJ in-between

#### 3 Guests

My dream guests would be the Spice Girls, cause they'd be great And lots of very

attractive girls as Ild be the only not supermodels - they're boring at parties You'd need someone Who gets



#### Don't be shy

Actually, I think I've become more shy the older I've got Do I have any tips for combating shyness? Yeah. Get out more!"

#### 5 Avoid parental hassles

Tell them parties are part of your social education. It's important to develop meaningful relationships with other people, and you can only do that by entertaining, if that falls, you're knackered and you'll

just have to trade In your 'rents for



# 6 Clearing up

Put down a huge tarpaulin before the

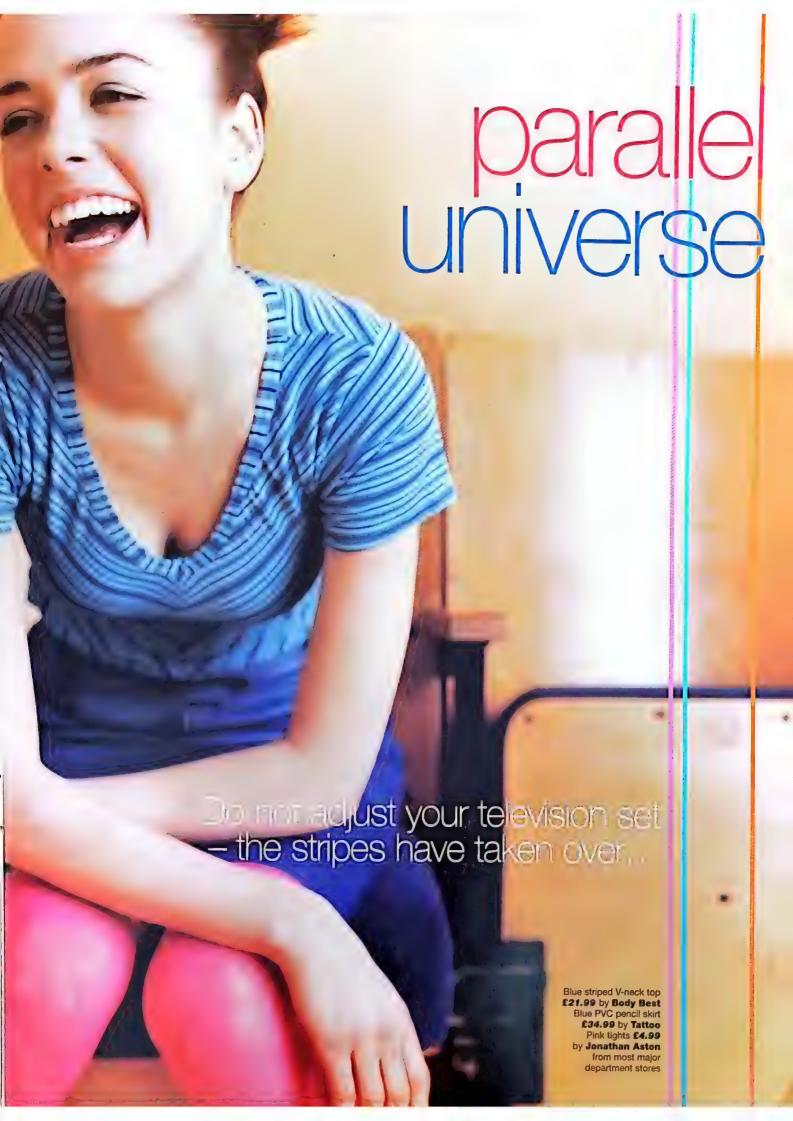
huge bin liner and just chuck for away so you don't have to do.

### 7 Pulling a good 'un

I'm not the best person to ask cause I'm pretty hopelass strik lapp could make a disastrous mistake

ust seventaen \* 31









Second-hand blue striped shirt
£13.99 from Rokit
Pale blue knee-length skirt
approx. £30 by Chatters
Red belt £12.99 by Pepe

Photos: Tom Corbett
Model: Heather
Hair and make-up: Claire-Ann Ray
Fashion: Lara S

aralle verse Dark blue long-sleeved top
£17 from Miss Selfridge
[Plastic JFK shopping]
from a selection at the Striped tights

Jenathon Assertion major data. Brown striped Manager \$24.98 and open air & 6.9 both from HAM Hennes

> E12 from C&A mathan Aston from most major

Blue linear patterned Purple tights £4.99 to

department stores

Turquoise
sleeveless top
£29,99 by
Tattoo
Green and
brown striped
skirt £14.99
from H&M
Hennes

Be perfectly prepared for those intimate moments with four top tricks for immaculate make-up...

## 1 Eye spy

Under-eye concealer is the best secret weapon for natural looking make-up. A tiny dab can light up any scarylooking face.

\* Always apply concealer in good light, Stand in front of a window holding a small mirror if necessary.

★ Use different concealers for spots and eyes.

A stay-put, opaque formula is best for spots,

but a light reflecting version gives more flattering shadow coverage. \* Apply concealer with a makeup brush. You only need a tiny

amount, and a brush is a daintier applicator than your finger. But if you really can't be bothered with

a brush, just use your little or fourth finger.

\* All you need to cover up is the diagonal line of dark colour which runs downwards and outwards from the inner corner of each eye. Don't try to cover up the entire under-eye area. All the best: Under eyes

J17 likes Colourings Lightening Touch £4.25, and for spots, Cover Girl Cover Stick £3.49, Colourings Lipstick/Concealer Brush £2.25.

# 2 Powder points

Ultra-shiny disco make-up is smart for nights out, but for an everyday natural look,

matt skin is more flattering, Powder can also help to even out skin tone and keep your base in place.

\* Loose powder is messy and bulky to carry around - but it gives a much better result than pressed powder. Hey, nobody said life was easy! Keep your pressed powder for on-the-go touch-ups and invest in some loose powder

\* Go for translucent powder, and spend a bit more cash on it if you can - the more expensive

powders are more finely ground, which gives you a more even. transparent-

looking finish. \* For longlasting make-up, use a powder puff to apply your powder rather than a brush. Dip the powder puff (or a cotton wool pad can do just as good a job) into

the powder, then press (don't rub) lightly all over your skin. All the best: Bourjois

Loose Powder £6.50.

BOURJOIS

# 3 Lashing out

Mascara is essential for a naturally gorgeous look.

Done property, it makes your eyes look bigger and brighter.

\* For a wideeyed look, heat evelash curlers with your hairdryer, then squeeze your upper lashes at the base and middle.

\* Choose a thickening or lengthening mascara. If you have very blonde or ginger hair, go for brown mascara, not black.

★ Before you apply mascara, roll the brush in a tissue to remove clumps and bend your

mascara wand as shown in the picture.

\* Wiggle the brush into the base of your lashes, then roll the brush upwards. All the best:

Our favourite thickening mascara is Revion Quick Thick

Mascara £5.95. Our favourite lengthening mascara: L'Oreal Lash Out £4.99.

## 4 Born lippy

for your dressing table.

For a perfect pout, use lipliner to even out and emphasise your smackers, and

keep your lippy in place.

★ The prettiest colour lipliner is a soft raspberry shade, It looks more modern than a Pamela Anderson-style brown lipline, and tones with this spring's pink lipsticks.

\* Rub in lipbalm, then while it softens your lips, sharpen your lipliner and roll the tip between your fingers to check for jagged bits.

\* Make-up artist Claire tells models to keep their lips almost closed and smile when applying liner, rather than stretching their lips taut. That way you can see what shape you're getting. \* After lining your lips, fill in with

lipstick - or use a tinted lipgloss, blending well to soften your lipline.

All the best: Collection 2000 Lip Liner 'Wine' £1.19.

36 \* Just Seventeen



# In case you hadn't noticed, pink is the essential make-up colour this spring. And, as if by maglc, J17 has come up with a fab lippy and nail polish set to keep you in Trend City! We have 120 sets of Rimmel Fashion Plus Lipstick in Sugar Plum (worth £1.69) and Rimmel Fashion Finish Nail Polish in Icing Sugar (worth £1.69) to give away. Send your name and address on a postcard to: J17/Rimmel offer, Quick Print, The Studios, Charthan Road, South Norwood, London SE25 4HW. Winners will be picked at random after 4 April.

# Blonde ambition

Wanna know the hottest hair colour for spring? J17 spies in

colour for spring? J17 spie
America say gals are
queuing up at
salons to have
baby blonde
highlights added
to their locks.
Top UK colourist
Daniel Galvin says
it's all thanks to
new movie chicks like
Brad Pitt's soon-to-be
missus and Emma actress

star Cameron Diaz and cool Brits Kate Winslet and Patsy Kensit.

Find out whether blondes really do have more fun by going for a lighter colour. But be warned, it takes a lot of looking after and a bit of dosh to keep dyed-blonde hair in good condition and forget it if your ural colour's mid-brown or

and forget it if your
natural colour's mid-brown or
darker. Ask your local salon for
advice before taking the plunge



# Shock tactics

elieve the hype, 'cause here's the sequel! Following on from the mass hysteria caused by the ultra-cool 'Baby G' watch. Casio are set to create a new commotion. May sees the launch of a limited edition G.Shock watch, available for around £50 in a variety of aquatic colours with a luminous whale and six cartoon dolphins on the face. Dive into any good sports/ jewellery shop (or call 0800 387146 for mail order) and become a waterbabe!



# Homely girl

Gwyneth Paltrow, She's The One

If you thought the old skool trainer had followed Britpop down the dumper, think again! The humble shell-toe has been pumping iron and is now a lot stronger, tougher and ideal for skaters and tomboys alike. The new and improved Adidas footsters cost £55 and are available from our

fave shop, **Home**.
Now you know where they're at, you have no excuse!

The future's bright, the future's stripey... and available from any branch of **Benetton.** 



Check out their new

spring/summer range,

which is affordable as well as smart. A pair of denim shorts will set you back £25 and their classic rugby shirts are only £35 (we lurve the pink ones!). So get yerself and yer mates kitted out for the summer – well, it's only a couple of months away, after all!



# Our favourite's MUDUITUE

merica's favourite supermod Cindy Crawford knows how to make the most of her looks. After years of pinching make-up tips from the professionals and practising on herself in front of the mirror, the one make-up bag essential she swears by is a taupe-poloured.

eyeshadow to highlight her eye colour yet maintain a natural look. She goes for Revion Custom Eyes in 'Taupe Star' £4.95. If you're counting your pennies, J17 recommends Collection 2000 Single Eyeshadow in 'Bambi' £1.19.



# Where it's at

Benetton 0171-731 4564

Body Best 0171-323 0302 :-

C&A 0171-829 1244 Chatters

0171-436 3585 **Chiple** 3 Langley **Court**, London W1, 0171-494 1240/01527 61828

Elite Models Fashion 0171-637 9526 G.Shock

0181-450 913

Oxford Gircus Lendon W1 Home 39 Beak St, London W1, 0171-287 3708 -Hysteric Glamour 0171-

224 2656 Jonathan Aston 0116-

Kookaï 123 Kensington High Street, London W8,

Selfnuge 0171-436 8280

0171-937 4411

Pepe 0171 836 8666

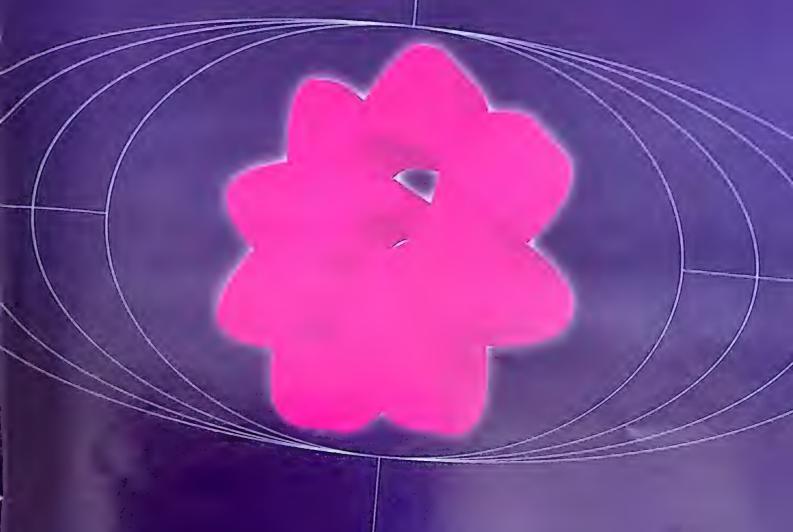
Rokit 0181

Tattoe 0170 543 5050 - denotes mail

Watcha!
Keep an eye
out for me - Kat,
yer resident style
queen - from 2
April!

Hot tip: Got static hair? Try water, hand or body lotion... or a pro's anti-static sheet!





Find out what it is on April 2nd

GET DOWN TO YOUR NEWSAGENT THE TRUTH IS IN THERE

Write to: Anita Naik, Nick Fisher or Annabel G, Advice, Just 17, 20 Orange Street, London WC2H 7ED. It would be helpful if you could include your age and the area you live in. Unfortunately Just 17's Advice columnists cannot answer your problems on the telephone. If you have an urgent problem, please contact ChildLine free on 0800 1111 – we work very closely with them – or Careline on 0181-514 1177 (calls to Careline will be charged at the local rate and will appear on your phone bill).

# She's so annoying

I really care about my best friend, but she's really getting me down. She gets herself into one mess after another and always comes crying to me about it. Last month, she two-timed her boyfriend and got caught. This month, she has a new boyfriend but doesn't like him anymore. She said she wanted to dump him, so we spent hours talking about it. Then, the next time I saw her, she acted like she was really in love with him and got mad when I asked if she was going to dump him.

Then, this morning, she was back at my house crying over fancying someone else's boyfriend, Help! Fed-up (15), Doncaster

• Some people like turning everything into a drama. Your friend sounds like one of those folk. She probably isn't happy unless there's a crisis unfolding in her life, if this is the case, it's a waste of energy for you to get worked up too. Don't let her pull you into her dramas. Give her your advice once and if she doesn't take it, step away. As much as you care for your friend, you can't live her life for her. She knows how to solve her problems and make life easier for herself – she just doesn't want to.



I really love my boyfriend, but he's so horrible to me. When we're out, he picks on me and says I should make more of myself. Sometimes he flirts with my friends – who ignore him – then slags them off. Once I threatened to leave him, but he just laughed and said I was so unattractive that if I did, no other boy would be interested. I'm worried he's right and I'll end up lonely and unhappy if we split up. Spice Girls fan (15), London

 Being single doesn't equal loneliness and misery. On the other hand, being with someone who is mean to you does! Whatever your boyfriend says, you deserve someone a million times better than him. Someone who'll like and respect you and won't put you down just so he can feel big. Don't listen to his pathetic warnings - he knows full well that he's the one who's so unattractive that he won't find someone new. If a friend told you her boyfriend was treating her like this, I'm sure you'd be the first to tell her to dump him. So be a real friend to yourself and leave him straight away!

# No-one likes

My family and I moved two months ago, but none of the girls at my new school want to be my friend – they laugh at me and say I speak funny. I've told my parents what's going on, and they say the girls will soon come round. But these girls just ignore me and

walk away when I try to be friendly. Seeing people talking to their mates at school makes me want to cry. I'm so lonely. Blur fan (14), Brighton

• It is really tough being made to feel the odd one out. But I think

your parents are right that these girls will eventually come round. Until then, why not look further afield for friends? You could ask your parents if you can join some kind of group outside school. How about getting a pen friend or contacting some of your old friends? I know it's not the

same as having a friend at school, but at least you'll have someone to share things with. It'll also be a big boost to your confidence.

# I tried to **kill myself**

I get really down and I don't know why. Sometimes my life seems so bad that all I can think of is killing myself. never used to be unhappy all the time, so I can't work out what's wrong. My mum often tries to find out why I keep crying, but I don't think she'll understand, so I pretend it's nothing. A few weeks ago, Ltook an overdose because I couldn't take it any more. woke up in hospital - my sister had found me and called an ambulance. Now everyone thinks I'm crazy and I have to see a psychiatrist. The thing is, I've fooled her into thinking I'm OK, so she hasn't helped. I don't know what to do. Anon (15)

> Oill's a myth that psychiatrists deal with crazy people. The fact is, they're there to help people who are distressed, and there's no surer sign of distress than a suicide attempt. By fooling her, you're really cheating yourself She can help you, but first you have to let her. This means you'll have to stop pretending everything's OK. You, your mum and your psychiatrist all know it isn't. Feeling

despair, alienation and misery are all signs that you're depressed and this is why it's important for you to talk to someone. Depression can be dealt with – all you have to do is trust someone to help you.



hotos posed by models

Be sure, be safe and remember sex under 16 is illegal





Anita Naik

# She's so

Our so-called friend Suzanne always has to be the centre of attention. She's bitchy to people's faces, but gets away with it because she's so funny. Lately though, she's got worse and even started on all of us. We're fed up but too scared to confront her. Boyzone fans (13), Southport

 Standing up to a bully is never easy, especially when she's a friend. If she frightens you, why not talk to her as a group. Try not to be threatening - after all, this is exactly what you're trying to stop. Also, think about your role in all of this. Maybe she only acts that way because she's been allowed to get away with it. If you want her to change for the better, you've got to stop backing her up. Don't join in when she ridicules someone. After all, a bully is nothing without her clique!

# body

# Uneven

I'm a 14-year-old girl with an embarrassing problem - my breasts are different sizes. I try my best to disguise it, but my right breast is noticeably bigger. Now I'm scared there's something wrong with me. J17 fan

 We all know that breasts grow at different rates for different girls. But it's also a fact that they hardly ever develop at the same pace on any one girl. This is even more noticeable during puberty. In time, your breasts will most likely even out. But remember, like most parts of the body, breasts are never exactly the same most women have one slightly bigger than the other. I know you feel self-conscious about them, but rest assured, no-one will spot the difference but you.



#### How to help yourself:

- Try not to develop a breast fixation. As long as you don't keep talking about your breasts, no-one will notice the size difference.
- Make sure your bra fits properly and allows for any growth in your breasts. Most good department stores offer a service for the fitting of teen bras.
- Don't slouch when standing or sitting. Besides being bad for your posture, this will only make your breasts more noticeable.

# WIN! WIN! WIN! P-Ash-ionate prose

A sh's 77-97 is the book for fans of the tasty trio, loaded with fwoarsome pics, cool quotes and juicy gossip. We have 30 copies up for grabs (worth £9.99 each). So if you wanna drool over Tim, Mark and Rick, complete the following Xword and send it to: J17/Ash, Prize Xword 451, 20 Orange Street, London WC2H 7ED by 28 March 1997.

#### ACROSS

- 1 See photoclue (8,5)
- 7 Neighbours' wannabe fashion designer (5,5)
- Child (East 17) (3)
- Of The Gun (Sharon Stone movie) (4)
- 12 Louise Wener and co (7)
- 13 Watchdog presenter Beer (5)
- 14 Backstreet or Pet Shop perhaps (4)
- 16 Ryan Giggs' nationality (5)
- 17 Could be either R2D2 or C3P0 from Star Wars (5)
- 18 Wise bird found in Biff Fowler's middle (3)
- 20 LP or where you keep your photos (5)
- 22 Recent blockbuster starring 1 down (5)
- 24 He's Steve McDonald's brother in Coronation Street (4)
- 25 Gillian from The X-Files (8)
- 26 Jeronimo who plays Linda In Emmerdale (7) 27 Backbeat star Stephen (5)

- DOWN
- 1 Ms Ciccone (7)
- 2 BabyBird's sweet female (5,4)
- 3 Coronation Street's Vera Duckworth (9,4)
- 4 Jared who played Jordan in My So-Called Life (4)
- 5 Raiders Of The Lost (Harrison Ford movie) (3)
- 6 Neighbours character who shaved his head (4)
- 8 The Blue Boy's request (8,2)
- 9 If It Makes You ---- (Sheryl Crow) (5)
- 10 Fergie is Duchess of here (4)
- 15 Party Of Five star (5,4)
- 16 This Adam is Ian in EastEnders (8)
- 19 East 17's capital record label (6)
- 21 Ricky Butcher's motormouth girl (6)
- 23 Star sign for those born between August 24-September 23 (5)

1		2		3		4			5		6	
							-	-		1		6
7								8				
	1						1			9		10
		11					1		1			
					7	12						
13						7	1					
						1		14			15	$\mathcal{L}$
16					京					-		
	-		-		3		J.	17				
18		19		20		21			£***	-		0
	1				T			22	23			
							1	-				0
24					25							
			-	4	-		P	-				-
26								27				

ACROSS: 1 No Mercy; 7 Bianca; 8 En Vogue

- 10 Mel; 11 Strum; 12 (Broken) Arrow; 13 Lois (Lane); 14 Three; 15 & 4 down Aston Villa; 17 Dodgy;
- 19 Hannah; 22 Hollyoaks, 24 Ruud (Guliti); 27 EMI; 28 Gen; 29 & 14 down Father Ted; 30 Teenage (Fanclub) DOWN: 1 Noel Gallagher; 2 Mavis Wilton; 3 Rogers; 5 Underworld; 6 Barb Wire; 9 Emma;

16 Noah (Wyle);	18 Yasmine (	Bleeth); 20 Hom
24 Claire (King):	23 Oman: 26	Littah: 26 Dahl

NAME:			
ADDDE	00-		

**XWORD 451** 

# Get to those phones!

Page 5: Win sensational Giorgio Aire scent Phone your answer on 0891 408839

Closing date for competitions 28 March 1997. Please remember that calls to these lines are more expensive than ordinary calls. You should always ask the permission of the person who pays the phone bill before making the call. Calls are charged at 50 pence per minute at all times.



For a boy's view on your problems, write to Nick Fisher, Advice, *Just 17*, 20 Orange Street, London WC2H 7ED. He's happy to answer letters from male readers too.

# I want to help my ex

I've recently split up with my girlfriend after five months, because she suddenly said she no longer wanted to go out with anyone. I think I know the reason: she's been having problems at home with her older brother. I want to help her, because I still really care, but I doubt she'd accept it. Worried Man Utd fan (15)

 Wanting to help your ex is very caring. But you can't help someone unless they're willing to accept your help. The best you can do is offer, then say you'll be there for her. You might also consider

writing to her. It's to your credit that, after all that's happened, you leel no animosity. But being honest, don't you leel a little angry? Or that if you stick around, she'll come back to you? It's perfectly normal to leel hurt or hold out hope, and what's more, it's good to be able to admit it.



# He's **a chameleon**

At school there's a boy I really fancy and I know he likes me too, but you'd never guess it from the way he treats me in class. He's a bit of a lad and is into winding people up. He makes fun of everyone, including me. But at the end of the day, he often walks back home with me. Then it's like he's a different person - really sweet and understanding. I'd like to ask him out, but I'm scared of making a move in case he just laughs. What's his problem? Betty (15)

Boys who see themselves as a bit of a lad will spend too much time trying to wind people up. They think it's funny and that it makes people like them. But as you've found out the hard way, it can be very off-putting, especially for a girl, because it leaves you not knowing where you stand.
It sounds as if this boy's a bit

immature and unsure in company, so he compensates by trying to be funny. He can't relax like he does when he's with you.

Of course, if you ask him out, there's a risk he might tell everyone in a foolish display of laddishness. But so what? If you like really him, try and talk to him in private. If he just laughs, it's his loss. You'll never know unless you try. So if knowing is important to you, you've got to take the risk. Do it!

# I hate my body

If there's one thing I've never been happy with, it's my body. Most boys I know wouldn't think of asking me out, and I'm sure they make fun of me when my back's turned because I'm not as slim as the rest of my mates. Despite this, I always make a big effort when I go out by wearing nice clothes and make-up. But as soon as I come face-to-face with a guy,

my confidence deserts me and I feel like an over-madeup clown. My Insecurity Is really getting me down.

Anon, Wales

● Nobody is truly comfortable or happy with their body image. But sometimes this insecurity and shyness is a good thing. After all, if feeling a bit insecure makes you someone who's friendly and prepared to take an interest in others, you'll always be liked. Besides, there's no need to be as slim as others. Not all boys want slim girlfriends, and many don't care so much about looks – they're more concerned with meeting a girl they feel comfortable with.

It's good to make an effort with the way you look, but don't give yourself a hard time for not being what you think is perfect. It's better to be easy-going and to have time for others than become too wound up about yourself.

# They call me **queer**

I'm a very worried 15-year-old boy. I was sleeping over at my friend's house the other night when he started to get changed for bed. I suddenly glanced at his naked body but for some weird reason, I couldn't look away. Then, to my horror, I realised I had an erection. The same thing happened in the school showers. Now everyone calls me queer and teases me about it all the time. I'm so embarrassed and ashamed. Anon

● During adolescence, boys and girls may experience strong feelings of sexual attraction to members of their own sex. Often this may be because it's only the same sex with whom they have any intimate contact. Also, your sexuality is only just developing, and it may be overactive and unpredictable. As you mature, your sexual instincts and

attractions will begin to settle down and become more defined. And even though someone feels strong homosexual urges at 15, it doesn't mean they will at 19.

Remember, a great many boys – including the lads in the school showers – experience exactly the same type of confusion you do, so it's not as drastic as you think. You're by no means alone.

# l snogged **his mate**

Until last month, I had a really good thing going with my boyfriend. He always gave me tons of respect and made me feel really special. Then I did something stupid - I got off with his best mate. It didn't mean anything to me, but my boyfriend found out and it ruined everything. Now he's making my life hell by calling me a slag. How can I get him to understand that I never meant to hurt him? I just want things back the way they were. Jennie (15), Kent

 I know you deeply regret what you did, but the hurt your boyfriend feels is very real. Understanding that is a good lesson to learn. Other people get hurt by our actions, even if we're doing something that feels meaningless to us. Your boyfriend's hurt because he's been deceived by you and his friends have probably mocked him over it. But that doesn't give him the right to call you a slag. You can try and explain to him how sorry you are, but you can't make him feel differently. If his name-calling gets too abusive, you could talk to a parent, a teacher or an adult you trust and get them to make him stop.

In the meantime, don't kid yourself that something will go unnoticed just because it feels insignificant to you. Think how you'd feel if it had happened to you. There's a lot to be said for treating others how you'd like to be treated yourself.

Send your sex-related problems to Annabel G, Advice, Just 17, 20 Orange Street, London WC2H 7ED. It would be helpful if you could include your age.

# Sperm confusion



My boyfriend and I were talking about contraceptives the other day. He reckons that if you have sex more than once, you only need to use a condom the first time. He also claims a lad can only come once a night because he'll have used up all his sperm until the morning. Is this true? Spice Girls fan (16)

No, this is absolutely not true. Your boyfnend's ideas are very confused! I don't think he's deliberately lying, but he's got things horribly wrong. Every time a boy has an orgasm (and it can be many times a night if he's up to it!) he ejaculates semen and this fluid always contains baby-making sperm.

So if you make love at 9pm with a condom and again at 11pm without one, your boyfriend could still make you pregnant. The golden rule is to keep an uncondomed penis away, from your vagina at all times. Why not visit your local Family Planning Clinic together (in your local phone book under Family Planning) for free advice. Contraception's a joint responsibility and you clearly need some sound advice and information.

# Foreplay explained

I've heard the word foreplay used a lot when people talk about sex, but I'm not sure what it means. I'd like to find out more, but I'm too embarrassed to ask. Help!

Ant and Dec fan (14)

• Foreplay takes place immediately before sexual intercourse. Basically, it's the word for when a couple make each other increasingly aroused before penetration takes place. They may kiss, hug and stroke each other. (They may also have oral sex, which involves kissing and licking one another's genitals.)

Many women need some form of foreplay before intercourse, as getting turned on makes the vagina become moist and this natural lubrication makes it easier for the penis to enter.

Annabel G

Lots of couples indulge in foreplay but don't then have full intercourse. It's fine on its own, and cuts out the danger of getting pregnant.

## The seX Files

A recent World Health
Organisation study found no
evidence that sex education
leads to early or increased
sexual activity. In fact, sex
ed appears to delay or even
minimise sexy encounters.

# The seX Files

The Economic and Social
Research Council reports that a
couple are less likely to use
contraception if: there's a big
age gap between them, the sex
isn't planned, the relationship's
new or if they've drunk alcohol.

# ls my vagina **normal?**

I was looking at my vagina the other day and I noticed it's got two holes. I know one of them is for sex and stuff, but what's the other one for? I'm too embarrassed to ask my mates in case they think I'm weird. I've never had a proper boyfriend so I want to know what this hole is before I do. Confused (13), Birmingham

• Don't fret, my friend – there's nothing funny going on here. Every girl in the universe has this second wee hole – wee being the operative word! The hole you refer to is strategically placed so you can, ahem, spend a penny. Yes, this is the small opening where your urine comes out. But it's not meant for sexual activity. It is far too tiny to allow a finger or any tackle to enter it. And remember you are three years below the legal age of consent, so please don't consider intercourse until you're 16.

# How safe are

I'm having sex with my boyfriend and we always use condoms. I told my best mate this, and she says I could still get pregnant. Is she right? I'm really worried. Anon (16)

• There's no such thing as safe sex, only safer sex. Condoms can help to protect you from pregnancy, sexually transmitted diseases and AIDS. But no contraceptive method (other than saying no) is 100 per cent safe, and there's always the danger that condoms will rip or fall off.

If used properly they're 98 per cent safe: research has shown that over a year, two out of every 100 women using condoms get pregnant. So, every time you have sex you take a slight risk. That's why it's important that you're mature enough to deal with a sexual relationship and the possible consequences,

THE NEW 20% DISCOUNT SPRING AND SUMMER CATALOGUE WITH NEXT THE DELIVERY SPREAD THE COST WITH INTEREST FREE CREDIT YES I AM OVER 18 AND I'D LOVE MY OWN FREE COPY OF NEW LOCK AGAIN HARD-BACK CATALOGUE. M2147 MISS/MS/MRS/MR INITIALS SURNAME ADDRESS POSTCODE. HOME TEL SIG need for a small change. Cafe from non-BT lives may be changed at a primiting to accusate an organ application or and or caturg the design of the other. Fay creat-tenance approach who may result the search. Look fagin List may share, your and may pass of on to their parties who has contact that by male if you do not with LOOK AGAIN, FREEPOST, BRADFORD, WEST YORKSHIRE BOSS

hoto posed by model

# turn on tune in turn on



# Don't miss this

# he Essential

The time: 10.30am, Mon 24



March The place: MTV The buzz: A half-hour spesh devoted to the boy wonder. looking at what Markie's been up to since Take That.

The time: 6.30pm, Sat 22 March The place: Trouble, Bravo. The buzz: It's kit-off time as Rachael (daughter of gnarty old rocker Phil Collins) 'christens' the trendy cafe Lavaland with the man she's got the serious hots for - her boss Neil.

# Star Trax: Oasis



The time:: 12pm. Tues 25 March The place: MTV The buzz: Part of MTV's Spring All-Stars week, this programme sees the Gallaghers waxing lyrical about their favourite videos -

everything from Kula Shaker to Bob Marley. Expect a disagreement or two.

it's not her

Paprice Bourret

would like us all to

know she's not an It Girl.

"To me, an It Girl's

quite pathetic - just

going to parties and

Caprice In Channel

Wise, "'Woo-ooh!

He's cute," says

Little Miss Not It.

living off her parents...

That's not me." Catch

5's Hospital with Greg

# Soap Central Switch on to our weekly round-up

## **Brookside**

At yet another therapy seeh, Georgia tells Nat she's had an abortion and it finally dawns on Bel that Nat and Georgia really are in love. Ron wonders if the future of his empire is as bleak as it seems, and his ex-snog Jackie has to choose between the baby and Jimmy the bigger baby

## Emmerdale

Butch and Marion take an axe to the opposition's burger van, and Dee is reduced to tears when Vic asks Eric if he can buy har for the night. Donna, Robert and Andy get drunk on Alco-pops.



## Hollyoaks

Jambo loses his job at the garden centre. Baz turns up battered and bruised in hospital and on-the-spot reporter Ruth wants to use the

attack as a story for her mag. Lucy sees Spike and his mates outside The Dog. Uh-oh!



## EastEnders

God-squadder Sarah is gobsmacked by Alistair's passion for congregation member Sue. Later Sarah orders a pizza, which comes courtesy of Robbie - along with an almighty tongue samie! But then she disappears and everyone blames Robbie.

# Neighbours

Will the Rebecchis leave Erinsborough? Danni doesn't care - she's soaping it up in a hot tub with Steve. Billy and Toadie live out their pirate radio dream, while Joe says goodbye to Ramsey Street. Exallbird Darren and ex-nerd-bird Libby spill their guts about a baby?

## Home and Away

Strewth! Marilyn susses that Fisher's had an affair with Catherine (Shannen's ma), so she goes doolally and trashes the Tupperware.

Rebecca and Anderson the sax player start making beautiful music and Casey realises she's not cut out to be a surfer chick, so she snogs Liam.

## Coronation Street

Maxine asks Ashley to model for her hairdressing display, and Fiona and Alan hit a rough patch. Then the last remaining McDonald with any sense starts hitting the bottle and missing college, after hearing about his wayward ma's relationship with Fraser.



# Space Jam (15)

The deal: It's that tired old. animation-meets-basketball scenario again (only joking), which sees too



US hoop-shooter Michael Jordan teaming up with the highly-animated Bugs Bunny.

What's up, Doc? You'd be a loony toon to miss it. And it's top film if you wanna impress a hoop-crazy lad. What next? Who Framed David Beckham?



On screen: 21 March Woodsy

When two scientist ex-lovers meet up, their emotions become as twisty-turny as the tornadoes they're chasing. Watch out for the now infamous cow scene, and prepare to



be sucked right into the heart of the action. One fab flick. To rent: 21 March



# What I watch, what I eat

"I slice up a boiled egg and put a layer in a lasagne. It impresses people because they're not sure what that big white lump is as they tuck in. I always eat it while watching Casualty. It's a fun way to start the weekend 'cause you can cheer yourself up with the thought you're not dying." Happy-go-lucky Saturday night viewing for Massive presenter Carryl Variey



Shock frock horror! Dec once thought about becoming a vicar. "I was reading through the Bible and thinking about things, and I thought maybe I could do it. I really respect priests, but in the end it wasn't the right thing for me - I had to go and be a pop star instead." So does he still think priestly thoughts in his flat with Ant? "I've still got two crucifixes in my room and a bottle of water from Lourdes next to my bed."

44 \* Just Se

# tune in turn on tune in tu

# music

You might know **Dru Hill** from their last chart troubler, Tell Me. But we wanted to get to know the boys a little better. Tell us more, Nokio...

#### So how did you all get to know each other?

"We all kinda knew each other vaguely, then a friend got us jobs making fudge in San

Francisco. We'd make the fudge, then sing for all the customers."

## Do you all hate fudge

"Yeah. We couldn't eat it while we were working, 'cause if

Kings Lynn Lancaster Lichfield

Warrington Worcester

Norwich Oldham Peterborough Preston

UK's BEST INDEPENDENT RETAILER 93-94-95-96

you ate too much you'd just feel sick. I never touched the stuff."

#### How did you all learn to sing in harmony?

"I've played and sung in all kinds of bands, and some of the others had formal training or learned in church. They're all good ways to learn."

How does it feel to be so successful, especially across the pond?

"It's like a dream come true - we've been waiting for ages for this to happen. Now we've got a chance to shine, we're ready for it!"

#### Album of the week



### Cream Separates

If you're after the cutting edge of dance music, look no further than this triple album set, mixed by top DJ bods Darren Emerson. Deep Dish and Les Rider, and Paul Bleasdale. And if any of the CDs in the set don't take your fancy, worry not, 'cause they're all available separately as well! So you don't have to shell out loads to get hip. Bargain, eh?

# Spin It or Bin It









# I Don't Know

Another cute Britpop



band. This is a happygo-lucky trip through

the land of guitar, but we're getting kinda bored with this stuff.



Good to sing along to in the bath, though.

#### Casino Sound Of Eden

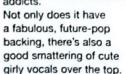
Woooh, it's a spooky, atmospheric dance anthem. A hit from yonks ago, this beauty is back and seriously kicking (as



they used to say in the old days), '90s style.

## Cheryl This one's for video

game addicts.





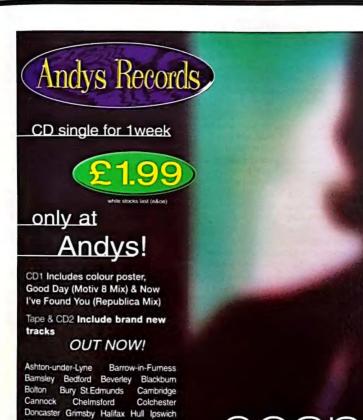
Play it before a trip down the arcade.

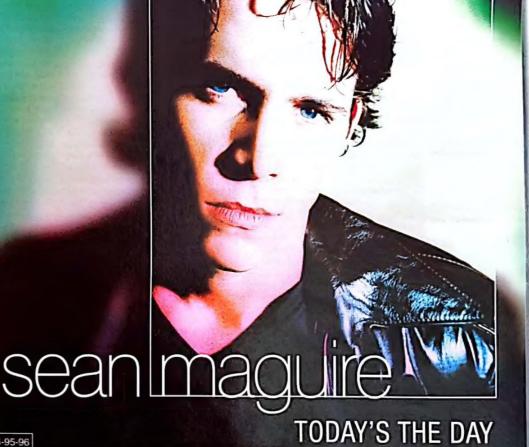
#### Tali Paul Rock Da House

If you like your dance music muted but pumpin', this is for you. Paul has one of the weirdest nicknames around maybe his mate Stretch



(who's remixed this with his pal Vern) helped.





# Day by day HOROSCOPE

**Potential** snog

21 Mar

23 Mar

Mon

Aries 21 Mar-20 Apr

Taurus

Gemini

21 Apr-21 May

not just for fun, you know. So be careful

You know he said it but now he's backpedalling frantically No doubt he has a work out what it is

Definitely a good dea day. Go with shat you think is

211CET

Virgo 24 Aug-23 Sep

Libra

corpio

cittarius

DEICOETI 23 Dec-20 Jan

uariu

You've got to realise

demonstrate just how inventive you can be loday - you'll need to be, or you may find

could make you uneasy. Oooh! Lots of gossip to be had today. Could the juiciest bit really be true? Wait for some firm evidence before

that things are moving

on without you. Which

You're being very, very unsubtle. I know you want to make sure you get your messa ross, but you could

What you and he have going has to stay between you and him for now. This isn't the time to tell the world everything.

Your folks usually say they don't mind as long as you're happy with it. But this time ou've gone too far. They're not amused.

there for you, and she wasn't. So why should you be there for her now? 'Cause you're

nice, that's why spelova? You hear someone having exactly the same conversation as you had the other day.

but you've never met.

The langer you put off doing it, the longer it will stay there putting PREMIUM DO YOU do. So sort it out! Yesterday you couldn't put a foot wrong Today's the exact everything simple

Aye aye! A stonkingly good day and no nistake. Whatever you try your hand at will work like a dream. Magicl

It's not like you to avoid doing something has to be done. But for some reason you do exactly that today.

A last chance, the stars say, to talk to him before he decides he'd be better off with somebody else

Waste no more time! Serious discussions on a serious subject. Don't think the other person is playing around, 'cause

they're not. Hmm... It might help if you were a little vague when a mate asks you some questions today. No lies, exactly, but don't give too much away.

You've been sizing a certain person up for some time now. Now's the time, you reckon, to convert the

fantasy into reality It's a great idea, but it would cost more than you've got. And if you're honest, it's

better to keep it as a favourite dream. The Sun shines on your own personal planet today, so you feel good even if it rains on you. As

uch stories? There's anyway, the truth is more flattering than any tall tale

You've said you would, and everybody's waiting to see you do. it. If you want to keep any cred at all you'd better get on with it.

What you're planning may work for now, but It'll cause trouble later on. Still, perhaps you can fix things when

Well, now. There's a bit of a problem here, but with tact and determination it shouldn't prove too tricky. You can do it!

The rumours are now so unbelievable that you know they can't be true - but it's hard to say you don't

People at home are

being oddly evasive and not giving you a straight answer. What could they not want you to know?

If you need help with something that's. well, boy-shaped, ask that lad you're friendly with. It could be the

They'll go ballistic when they find out how much it cost. don't tell 'em. Say

you got it in a sale and you can't be persuaded to change your mind. Nor will you explain why you feel that way, It's personal But it's OK to share it with him. If you two are as close as you think you are he'll think it's a brilliant idea too

Friendly, cheeky,

sort of day, is there

between you, or is

Love planet Venus Vivus cars's tell whether your mate's winding enters Aries today you up or not. But if so you've got all the **'fluences focusing** she isn't, and he does on you. Can true fancy you, it could be rather interesting love be far away?

cruite une

Wait and

Parental wrath's on

the agenda today.

Can't say you weren't

expecting it. You know

exactly what it's about,

and it's your fault, too.

A strange enthusiasm

for schoolwork grips

you. This is highly

suspicious - there

involved somewhere

must be a lad

It's just not fair!

A highly passionate

new era opens up

planets. As if you

needed any more

encouragement.

you're making a big

not true, but you feel

The passion pressure

just gets worse and

worse. If things don't

soon, you'll go mad

Get to the bottom of

what went wrong on

apologise. There's no

Wednesday, and

need for you to be

enemies any longer

especially persuasive

anyone to do anything

You're being

and you can get

start to happe

the planets are exerting

today, according to the

You get all embarrassed

A surprise phone call today, from someone you've never known very well. What could they possibly want?

feels the

The tide of public opinion is against you - all your mates reckon you shouldn't do it But you know how you feel - and you're right.

Watery influences abound. Either you're flaunting your bod at the pool, or you get caught in the rain. Either way, you're wet!

Sweet and smoothy planetary patterns show that last night you did get the message across after all. Pure bliss

Your Imagination's going crazy. You're making up stuff to fill in all the gaps where you don't know the truth. Calm down!

possibilities, and the planets are working to bring you closer all the time. Interesting...

You are nothing if not

direct, and phoning up and asking for a date. just like that, is about as direct as it comes What's more, it works Escape seems to be the theme for today. Treat yourself to a movie and a big tub of

pcom. Put the world to one side for a while. You're pushing your luck here, but the stars are encouraging and you can probably get away with it. Don't

for you. Almost be too smug though! anything, anyway It's possible someone trying to pull a fast one here, though you're not sure. Don't cause fuss at once - wait to

The way he treats you when you're out with your friends is a major embarrassment to all concerned. Him. you, and them

You're able to hide your pain today, but that's no reason to carry on suffering Get to grips with this whole thing, and soon

C'mon, it's time to drop all this pretence, and really into the idea, so why waste energy pretending otherwise?

The big confrontation with your folks isn't going to happen after all. You don't know guite why, but you're not complaining

Two weeks ago you were mad keen to go but now the event's actually here, you're not bothered one way or the other.

Family arrangements The dosh you were hoping for - and need force you to go where you don't want to, and looks like being do what you don't delayed. Maybe you want to. You seethe won't get as much as you expected. Bummer!

> ve dot to d him. Th has to be from you.

At last, a chance to from the past, forever Tear it up, throw it away, burn it, whatever

You'll probably lose a few friends over this, and as for you parents - well! But worth it. Scorchiol

You're fed up with

your image. It's too ordinary, too predictable and too nice. Guess it's time surprise a few people Be prepared for a tough time. The planets aren't being very helpful at all - but it's only for one day, and you can handle that ...

Desperate times call for desperate measures, but what you have in mind isn't ideal for this situation. It's not what you do. it's what you know that counts, isn't it? You know what the others don't today, and that gives you a head start

Don't read too much into what you hear today. It's good news sure - but it certainly isn't the world. Just let things unfold.

You've made your decision, but feel a bit funny about it. Sometimes things aren't black and white - this is one of those times.

sensitive to criticism right now. What people say is only an opinion They have theirs. you have yours.

ver mino

A talk with M 'n' D about this cash crisis of yours could be useful. Just make sure you don't lose your rag, that's all.

One of your secrets slips out, and everyone is gobsmacked. So you have to decide whether to tell them the whole story.

Fine day for Scorps of all ages. Days as good as this are rare, so it's worth a small celebration. Have two

small kind of way.

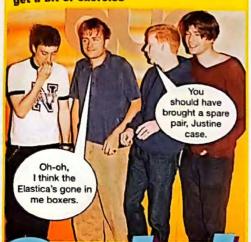
Ynu're beginning to realise you were wrong about something or somebody - but you'd prefer not to admit it publicly. Heavy phone day, as the planets send messages across the heavens, and you do the same. Don't you

Well, you feel good about it, and that's what matters. How he feels is something else - and frankly. you really don't care.

birthday to you! Damon Albarn, who's 29 on the 23rd. Let's hope it doesn't pass in a blur

# 7 days of groovers 'n' schmoozers

Looks like cheeky Blur fella Damon should cut down on his porklife, and get a bit of exercise



All this talk of marrying Patsy and settling down has put years on Liam

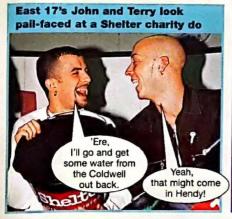


The FBI are investigating allen involvement in Gillian Anderson's dress. Until then, the cleavage is out there... a Fox! That's the other one. pal! And keep yer eyes off me saucers!

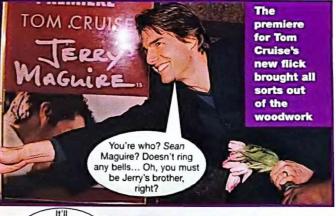
Cower with fear, Mr/Ms Celeb. Our Chongy has a caption with your name on it...

Michael Jackson stuck to Elizabeth Taylor's arm like a limpet with a mucus problem at her umpteenth birthday bash





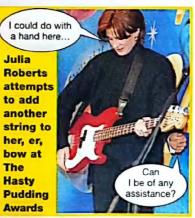


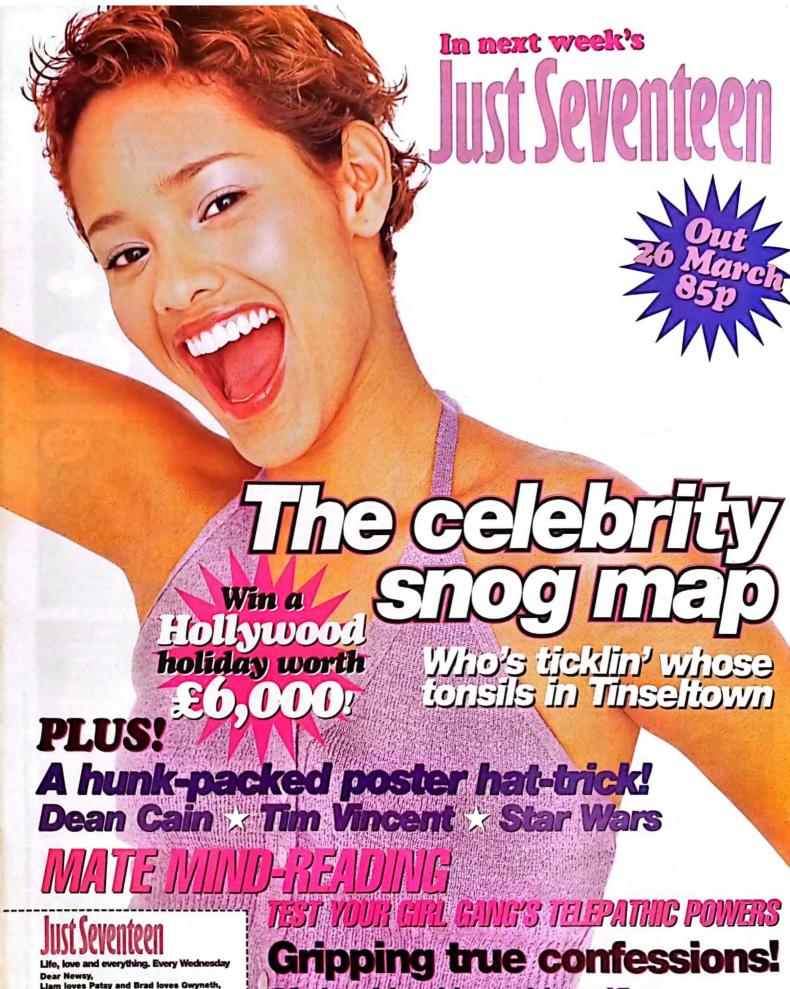




Selfstyled footie expert (ahem) Dani Behr starts to slip down the table of the TV celeb Premier League







Liam loves Patsy and Brad loves Gwyneth, but I only have eyes for the copy of J17 you've reserved/delivered for me. It's a match made in heaven!

Address:

'My boyfriend hung himself' 'We asked Ronan round for tea' 'I'm allergic to school'